Toronto metro
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Toronto metro

Your essential daily news | THURSDAY, MARCH 26, 2015 | High 5°C/Low -5°C Damp

WESTWOOD: HAIR SHIRT, SERIOUSLY?
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Model ready

On the scene at Toronto Fashion Week

Page 26

LIZ BEDDALL/METRO

Filthy groundwater culprit in TTC jam

TRANSIT

Toronto runoff so dirty it stops subway trains

Tuesday morning's horrendous TTC commute — caused by contaminated groundwater leaking into College Station — is a reminder of how polluted Toronto's underground waterways can be, says one environmental expert.

"There's a whole bunch of people who woke up yesterday and learned there's such a thing as groundwater," Lake Ontario Waterkeeper vice-president Krystyn Tully said Wednesday. "We tend not to think about all the water moving toward Lake Ontario under the ground."

And, according to Tully, much of that water contains toxins, ranging from sewage to leftover material from abandoned landfills or industrial sites.

"We have contaminated areas all around the city," she said. "And there's ongoing contamination all the time from the runoff from roads or other surfaces." LUKE SIMCOE/METRO

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metro NEWS
Your essential daily news

Will Amanda Knox be sent back to jail? Page 23

STRIKE

U of T talks at an 'impasse'

University of Toronto president Meric Gertler says talks are at an "impasse" amid an ongoing teaching assistant strike nearing its fourth week.

"We have spoken to the provincial mediator, and through the mediator, to the leadership of the union, and today I am calling upon the union to join us in agreeing to binding arbitration," he announced Wednesday at a news conference.

Gertler said that under this process, a neutral third party appointed by the provincial mediator "would arbitrate all matters that remain in dispute and determine a final resolution that both parties would have to accept."

This would mean an immediate end to the strike, he said.

While most courses have continued, tutorials and labs have been shut down across all three of U of T's campuses amid the ongoing CUPE 3902 strike.

CUPE 3902 represents 6,000 teaching assistants, lab demonstrators, exam invigilators and graduate students who teach courses. The union, which has now rejected two tentative deals reached with the university, has called a meeting for Thursday to vote on the binding arbitration issue.

Meanwhile at York University, the administration reached a deal with contract faculty and all classes were supposed to resume by Monday. However, teaching assistants represented by CUPE 3903 are still on strike.

TORSTAR NEWS SERVICE

The skylines of Toronto and Montreal (below) are shown. The mayors of the two cities are planning to formalize closer ties. GETTY IMAGES

A new urban alliance

MUNICIPAL AFFAIRS

Working together new mantra for T.O. and Montreal

Declaring the rivalry between Canada's two biggest cities dead — except in hockey — Mayor John Tory and Montreal's Denis Coderre plan to sign an agreement to formalize closer ties.

"The 'two solitudes' are over," Coderre told reporters at Toronto City Hall after Wednesday's meeting in Tory's office.

Tory will visit Montreal in coming months to sign a joint agreement that will enhance economic development and shared approaches to social issues including poverty eradication, they said.

They trumpeted the newfound allegiance of mayors of Canadian cities to work together to forge true partnerships with senior governments.

Cities are the new power, the Montreal mayor said, and the federal parties must take heed as they prepare platforms for the coming federal election, he said. "They will listen to us."

> **"What people are expecting is to work together."**
> Montreal Mayor Denis Coderre

Asked if the big city mayors' caucus of the Federation of Canadian Municipalities, which met in Toronto last month, will endorse a particular party, Coderre said cities will look at the policies and say, "That's good, that's bad and people will judge, but for the sake of our mutual metropolises, this is what will be good for Toronto and Montreal."

Coderre also said he hopes Tory will be among 30 or more international mayors visiting Montreal in June for a summit that will include strategies on combating anti-Semitism and Islamophobia.

Amid all the serious talk was easy banter in both official languages suggesting a warm relationship between Tory, a longtime Conservative, and Coderre, a former federal Liberal cabinet minister.

Tory, a staunch Toronto Maple Leafs fan, joked at the outset of the news conference that the two cities are launching a joint bid for the Stanley Cup.

And they laughed about a photo in Tory's office of Canadiens legend Maurice (Rocket) Richard. Tory's office later said: "The Mayor put it up in his office for fun this morning. It was special for the meeting."

TORSTAR NEWS SERVICE

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Jollibee's arrival is jolly news for local Filipinos

FOOD

Beloved chain plans to open first Canadian location in T.O.

Deborah Hernandez
Metro | Toronto

Jollibee is set to open in this city this year, and it's causing a huge buzz in the Filipino community.

The fast-food chain has more than 800 locations in the Philippines and more than 30 in the U.S.

An opening date hasn't been set for the Toronto store. But when it arrives, it will be the first in Canada. For many, having Jollibee at their doorstep "would be like going back to (their) home country," said Tess Cusipag, editor and publisher of Balita, a Filipino-Canadian newspaper.

"Jollibee is known for its authentic style of cooking," Cusipag added.

The chain serves up delicacies including Spam sandwiches and burgers topped with pineapple.

Some other menu items that set it apart include pancit palabok, a Filipino rice-noodle dish with shrimp, tofu, fried garlic and smoked fish, and halo-halo, a popular Filipino dessert with shaved ice, evaporated milk, sweet beans and fruit that is commonly sold by street vendors.

Jessica Galang, a Canadian-born Filipino, tried Jollibee for the first time and loved it when she visited the Philippines in 2001.

She says she knew it was only a matter of time before Jollibee landed in Toronto and she thinks it will be successful because of the large Filipino population in the city — the largest in Canada.

"Honestly, Filipinos are crazy proud of their heritage," Galang says. "So I think it's going to mean a lot of money for Jollibee because they love anything having to do with back home."

John Sen Celiz, a member of the Filipino Canadian Association at Ryerson University, says he hopes Jollibee's food will still taste as good as the last time he had it. That was almost 15 years ago before he immigrated to Canada with his family.

Jollibee's arrival, he said, will increase the already growing cultural visibility of the Filipino community in Toronto.

"I hope it does get recognized by non-Filipino-Canadians as Filipino culture and not just another fast-food restaurant," Celiz said.

No matter what form it takes, halo-halo is as pretty as it is tasty. INSTAGRAM

STATS

Filipinos in Canada

— 662,605 Canadians with ethnic origins in the Philippines.
— 250,000: Approximate number of Filipinos in the GTA.
— Bathurst and Wilson in North York is considered "Little Manila."
— 185,085 Filipinos in Toronto were actually born in the Philippines.
— Filipinos are the fourth largest group of visible minorities in Canada.
— 491,075: Canadians speak Tagalog, the official language of the Philippines.
— Toronto had its first Filipino food festival last year. It was called, of course, Taste of Manila.

SOURCE: STATISTICS CANADA AND 2011 NATIONAL HOUSEHOLD SURVEY

COURT

Cop cosied up to Ford pal, drug trial hears

A former undercover officer testified on Wednesday how it took time to get connected with a friend of ex-mayor Rob Ford, who was then under police investigation, so he could try to buy drugs.

Following not guilty pleas by Alexander (Sandro) Lisi and his co-accused, Jamshid (Jay) Bahrami, the officer described how he befriended Bahrami after approaching him in 2013 at his west-end dry-cleaning store.

Det. Ross Fernandes told Ontario court how he placed a pack of cigarette-rolling papers in a shirt pocket in hopes of sparking a conversation about drugs. The lure worked.

Bahrami, 49, would soon explain to Fernandes that he had a licence to grow marijuana, but he needed someone to do the growing for him, court heard. He complained that Lisi had been "ripping him off" by overcharging for pot.

THE CANADIAN PRESS

TREATMENT

Ford set for cancer surgery

Former mayor Rob Ford says he's tentatively scheduled to have surgery for his cancerous tumour on May 7.

Ford told CBC News that whether the surgery goes ahead depends on diagnostic tests showing that tumours in his abdomen and back have shrunk enough to operate.

Ford has previously said the abdominal tumour needed to shrink to about three centimetres before surgeons could safely operate. THE CANADIAN PRESS

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Slow start for Metrolinx fare integration pilot

TRANSIT

Aim is to bring together TTC, GO commuters

Metrolinx's first major fare integration test is off to a slow start.

As of last Tuesday, only 134 people had bought the $60 monthly stickers that allow TTC Metropass users to ride GO trains at Danforth and Exhibition stations to shave 10 to 15 minutes off their commute, according to documents obtained by Torstar News Service.

Since the program launched Feb. 1, there were 94 stickers sold at Danforth station, near the Main subway stop. But only seven were sold at Exhibition, where GO has been billed as a potential option for Liberty Village residents frustrated by the overcrowded King streetcar. A further 36 were purchased at Union Station.

Torstar News Service sought the sales figures through a freedom of information request after Metrolinx refused to disclose them.

Provincial officials cautioned that it's early in the pilot and a $50,000 marketing campaign hasn't fully rolled out yet.

But Coun. Josh Colle, who chairs the TTC, suggested that price could be an issue.

The Go train may be popular, but the integration project for fares hasn't been. TORSTAR NEWS SERVICE

"On first blush, the amount did seem a lot," he said on Wednesday.

A price that appeals to TTC riders is something the province and city will have to figure out if GO is to provide a real alternative to Toronto transit riders, as is the plan. It's also something that needs to be worked out for Mayor John Tory's SmartTrack plan "to meet its promise," he said.

The pilot is "just one step" to figuring that out, Colle said. "If it tells us the pricing doesn't work, that's something we need to know."

At the same time, he said, "If you go too low you risk irritating the existing loyal (GO) ridership."

The $60 Metropass premium is still about 65 per cent less than a daily GO commuter would pay from the same stops. A single GO trip from Danforth to Union would normally cost $5.65, or $5.09 using a Presto card.

"As more commuters hear about this pilot program and see if it works for them, more will buy the sticker for their pass to shave off some time for their commute. It's another option, and I'm glad the province and the city are working together on this pilot project," said an emailed statement from Transportation Minister Steven Del Duca.

TORSTAR NEWS SERVICE

WEATHER

Harsh winter takes financial toll on transit

The harsh winter has been costly for Metrolinx, forcing it to issue a record $265,000 in refunds last month based on its fledgling GO Transit on-time guarantee.

That's an increase of more than 30 per cent over the $156,617 returned to riders in February 2014.

The past two winters have taxed GO's on-time performance, with January delivering a harsher blow last year. GO issued nearly twice as much in refunds at the start of 2014 — $235,600 — than it did this year ($131,822).

GO train riders who are 15 minutes late or more can get a refund if the cause is deemed to be within GO's control.

GO doesn't issue refunds when a snowstorm or extreme weather shuts down the region, but it will reimburse customers when the transit agency decides it could have done better, said Metrolinx spokeswoman Anne Marie Aikins.

"We can't control the bad weather, but we can control how we cope with it," she said.

Last month was particularly hard on Milton riders, whose trains travel on CP-owned tracks that don't have the same investment in switch heaters and other winter infrastructure as other sections of the network, she said.

"We can't control the bad weather, but we can control how we cope with it."
Metrolinx spokeswoman Anne Marie Aikins

"After a while, that doesn't provide you with any solace when it happens day after day. But at least you do get some compensation for it," said Aikins.

The agency did not issue refunds when heavy rains flooded much of the city in July 2013, including some tracks that were put out of service. But riders who were stranded in flooded trains received $100 each.

The GO guarantee has cost the transit agency about $2 million since it took effect in November 2012. TORSTAR NEWS SERVICE

ON TIME - MOSTLY

GO trains are 94 per cent on-time, on average. But performance has fallen behind during the past two winters. Rush-hour trains in January were on time only 88 per cent of the time, compared with 93 per cent the previous year and 95 per cent in 2012.

"Snow isn't the worst thing to cope with," Metrolinx spokeswoman Anne Marie Aikins said. "Sometimes it's the type of snow."

February's sustained extreme cold was accompanied by lighter-weight snowflakes that tend to impede moving parts on the trains, such as doors. Ice and chunks of snow that fall off the underside of trains also gums up track switches.

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Home prices to soar

REAL ESTATE

High demand to drive housing market beyond inflation by 2017

Toronto's record house prices could soar 17 per cent by the end of 2017 as lack of supply and unrelenting demand continues to drive prices far beyond the rate of inflation, says the chief economist of Central 1 credit union.

Long-time housing watcher Helmut Pastrick says those who caution that Toronto's market is in bubble territory and about to burst are based on "inadequate models" ignoring key basics.

"The principal drivers of home prices are market demand and supply fundamentals. Toronto's population is growing and supply is limited. Prices will keep rising until the next economic recession, whenever that is."

Barring any unforeseen global crises, that's at least two years off, predicts Pastrick, who's studied the housing market for 40 years, 18 years as chief economist with Credit 1, the umbrella organization for about 130 credit unions.

He anticipates that Toronto home prices, which averaged $573,183 in 2014 could soar to $670,000 by the end of 2017.

Falling oil prices may cause a 17 per cent increase in Toronto housing prices in the coming years — from the average of $573,183 in 2014 to $670,000 by 2017. TORSTAR NEWS SERVICE

Ontario house prices, which averaged $430,984 in 2014, could hit $496,000 during the same time.

The Canadian Real Estate Association recently predicted that low oil prices could result in a 1.1 per cent decline in national home sales through 2015, but a 2 per cent increase in average prices.

"Ontario's housing market is poised to expand at a more robust pace in conjunction with improved economic prospects due to a faster growing U.S. economy, the weaker loonie, and energy savings from lower oil prices," Pastrick says.

"Upward pressure on housing prices will continue, though it will ease later in this three-year forecast."

That last part, however, may be wishful thinking. Toronto realtors have been anxiously awaiting a surge in listings for the last few years, anticipating that the increase in equity would encourage homeowners to sell.

But most have been staying put, citing fears they won't be able to find an affordable replacement. Many have been opting to renovate and even expand existing homes instead.

TORSTAR NEWS SERVICE

Canada: 2%

Low oil prices could result in a two per cent increase in average home prices across the country, along with a 1.1 per cent decrease in sales.

POLITICS

Brampton council relieves CAO of duties

Brampton's top bureaucrat is no longer employed with the city, the biggest recent casualty of former mayor Susan Fennell's troubled administration.

An announcement Wednesday afternoon announced the departure of chief administrative officer John Corbett. It said his position would be filled on an acting "rotational" basis for now, while a council search committee recruits a new CAO.

A source told the Star late Wednesday afternoon that Corbett's contract had just been "terminated."

The decision, made in a closed-door meeting, followed rising tensions since Mayor Linda Jeffrey ousted Fennel from office on a platform promising accountability and transparency at city hall — capped by a highly charged confrontation with Jeffrey Wednesday morning.

Corbett's retirement had been announced in late January, but he was expected to stay on as interim CAO through the budget process.

The writing was on the wall for Corbett after Jeffrey blasted him during a morning budget sub-committee meeting for "dumping" budget documents on councillors just minutes before the meeting.

Corbett has been at the centre of controversy since he took the job in late 2012. He was one of five senior staff, along with former mayor Fennell, named in documents included in a $28.5-million lawsuit launched against the city by a developer who claims he was unfairly disqualified from bidding on a $500-million downtown development project.

TORSTAR NEWS SERVICE

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Actor Damien dances during a performance of Disabled Theatre, which opens at Harbourfront Centre Wednesday. TORSTAR NEWS SERVICE

Disabled Theatre charms, challenges

PERFORMING ARTS

International sensation now up for viewing in Toronto

It has brought audiences to their feet, reduced them to tears and even sent them scurrying for the exits — sometimes, all three at once.

Disabled Theatre, which opened its four-night run at the Harbourfront Centre on Wednesday, has challenged and impressed thousands on four continents with a spectacle that is somewhere between dance, lecture, documentary and performance art.

Born of a collaboration between internationally renowned French choreographer Jérôme Bel and the Swiss Theatre Hora, which works exclusively with actors with developmental disabilities, Disabled Theatre confronts audience members with the reflections, talents and real-life stories of its cast members.

"Few people have personal experience with disabled people," said Theatre Hora's general manager, Giancarlo Marinucci. "They're hidden from society, and when you're hidden, it's like you don't exist.

> **When you see the show, it's really new — the radical way people are presented on stage. Some people are uncomfortable, others are sad or happy, shouting out or even crying. We've seen everything. It's very emotional.**
>
> Giancarlo Marinucci, Theatre Hora's general manager

"The idea (behind Disabled Theatre) was to say: 'These are people.' You don't see them often, but to have the opportunity to show them is to open the door wide to say, 'Hello! I exist!' and you can come and see them on stage."

Reviewers from New York to Singapore have sometimes been confused by Bel's non-dance style. The actors step forward one by one to talk about themselves, only later broaching the subject of their disabilities — some have Down syndrome, others are developmentally delayed. With translation from their native Swiss German providing a delay, audience members have little to focus on but the performers' facial expressions and body language.

They dance and move their bodies to express feelings and even talk about their friends' and families' reactions to the play.

Theatre Hora has been putting on more traditional performances with its cast of actors with disabilities since 1993, but Disabled Theatre has been a breakout international hit. After its debut in Brussels in 2012, it got noticed at the Documenta art festival in Germany that year. It has now been performed more than 150 times in dozens of cities from Brazil to Korea.

Disabled Theatre runs from Wednesday to Saturday at 8 p.m. at Harbourfront's Fleck Dance Theatre. Tickets are available at harbourfrontcentre.com or 416-973-4000.

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Dollar drives movies

FILM PRODUCTION

Cameras roll on 17 big and small-screen productions

Luke Simcoe
Metro | Toronto

Expect to see more scenes like this as film crews move into the busy season. TORSTAR NEWS SERVICE

With spring finally here, movie cameras are once again rolling in the city.

There are 17 film and television productions being shot right now, including the Guillermo del Toro vampire series The Strain and the sequel to My Big Fat Greek Wedding. And, with the Canadian dollar hovering around 80 cents US, experts say more are on the way.

"We're going to have a busy year. It could be the busiest year we've ever had," said Michele Alosinac, Toronto's film sector development officer.

For the past three years, the film industry has injected more than $1 billion into Toronto's economy. Alosinac expects that trend will continue in 2015, driven in part by the exchange rate.

Alosinac said the savings, matched with competitive tax benefits, flexible street permits and a variety of locations, continues to make Toronto a very appealing place to do business for filmmakers. "We really do have a diverse selection of locations, and that's really important for episodic television," said Donna Zuchlinski, Ontario's film commissioner. "You can get big city, small city and the wilderness. Toronto can double for just about any city along the Eastern Seaboard."

While roughly 70 per cent of the film industry in Toronto is domestic — and thus less affected by the dollar — Zuchlinski said post-production studios in the city often benefit most from an advantageous exchange rate.

Nick Iannelli, vice-president at the Toronto post-production studio Deluxe, hasn't seen a huge spike in business this year but expects an "uptick" soon.

WHAT'S SHOOTING IN T.O.?

Here are just a few of the movies and TV shows you can see filming around Toronto this spring.

Minority Report: Steven Spielberg is reportedly helping Fox adapt his 2002 sci-fi flick for the small screen. The pilot stars Wilmer Valderrama and Meagan Good and was recently shooting in Yonge-Dundas Square.

THE ASSOCIATED PRESS PHOTO

PHOTO: FRANK OCKENFELS/FX

The Strain: Produced by Guillermo del Toro, this modern vampire show sees Toronto stand in for New York City. It's the latest production del Toro has brought to Toronto, following Pacific Rim and the forthcoming Crimson Peak.

PHOTO: BEN MARK HOLZBERG/SYFY

Defiance: This partnership between the SyFy channel and NBC is back in town filming its third season.

My Big Fat Greek Wedding 2: Nia Vardalos has returned to Toronto to film the sequel to her 2002 hit. Tom Hanks is helping produce the film, which will be shooting until June. Expect to see at least a few film crews on the Danforth.

THE ASSOCIATED PRESS PHOTO

Rogue: This undercover cop drama stars Thandie Newton and is shooting its third season.

PHOTO: EVAN AGOSTINI/AP

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Another bite for Pancer's

FAMILY BUSINESS

Deli opens its doors with new generation at the helm

Chairs are stacked on tables and walls hang bare waiting for art, but Pancer's Original Deli already has hungry customers banging on the door in a desperate attempt to score a corned beef sandwich.

Others are calling from Europe, Australia and Israel to hear that the famed eatery — formerly known as Moe Pancer's Deli — is reopening in its previous Bathurst Street digs this Friday.

The reopening comes about five years after the Pancers sold the 57-year-old business to Vancouver restaurant owner Lenny Gould after a death in the family. Earlier this year, Gould unexpectedly closed the iconic establishment, leaving a community in mourning and an empty hole in its North York strip plaza.

"Driving by it every day tugged on our heartstrings," Lorne Pancer told the Star.

"It drove me crazy, so our family had a meeting with the landlord and are opening it back up."

Like the old Pancer's, which started in April 1957 with Moe Pancer and son Stan at the helm, the deli's new iteration will sell fan favourites like corned beef cooked in the family's secret blend of spices.

That recipe and all the others were passed down to Stan's sons Lorne and Michael, who now run the place with some first cousins.

Lorne Pancer (centre), his nephew Julian Pancer (left) and Lorne's brother Michael Pancer, behind the counter of the new restaurant. RICK MADONIK/TORSTAR NEWS SERVICE

> **It's in our blood. We all grew up behind the counter.**
> Lorne Pancer

Meanwhile, Moe's 28-year-old great grandson Julian — a former chef at the Trump Tower's Stock restaurant — is in the kitchen, stacking roast beef and pastrami onto fresh bread. He's also the guy responsible for the diner's new editions: a breakfast menu, vegan, casing-free kishka and house-made potato latkes (the old ones were brought in).

Just like every generation of Pancer before him, Julian recalls giving up weekends and waking up at the crack of dawn to wash dishes, clear tables and take orders at the business.

"It's in our blood," Lorne says. "We all grew up behind the counter."

The counter he's talking about is the same stainless steel one Moe used to stand behind, with a big smile on his face and a cigar propped in the corner of his mouth.

"Customers would walk in and he would yell across the counter, 'How are you? Sit down!'" says Lorne, imitating his late grandfather's famous lines.

TORSTAR NEWS SERVICE

HAVEN

Former Toronto Maple Leaf Eddie Shack was among those clawing at the door earlier this week with demands for a sandwich.

"They were all angry at us when we closed it, but now it is like the phoenix has risen," says Lorne Pancer, who signed the location's new lease on Feb. 16.

The next day, he and the clan were ripping up the place, giving it a fresh coat of paint and installing a chalkboard behind the counter.

Alongside them plotting the old-fashioned deli's return were a head waitress who has been with the Pancers for 26 years and a cook of 16 years.

"You won't find loyalty like that elsewhere," says Lorne, who hopes the deli's seasoned clientele will be pleased with the new denizen.

As for those who worry about how long their beloved haven will last, Lorne says the family already has the fourth generation involved and is vowing the deli "will never leave Pancer hands again."

TORSTAR NEWS SERVICE

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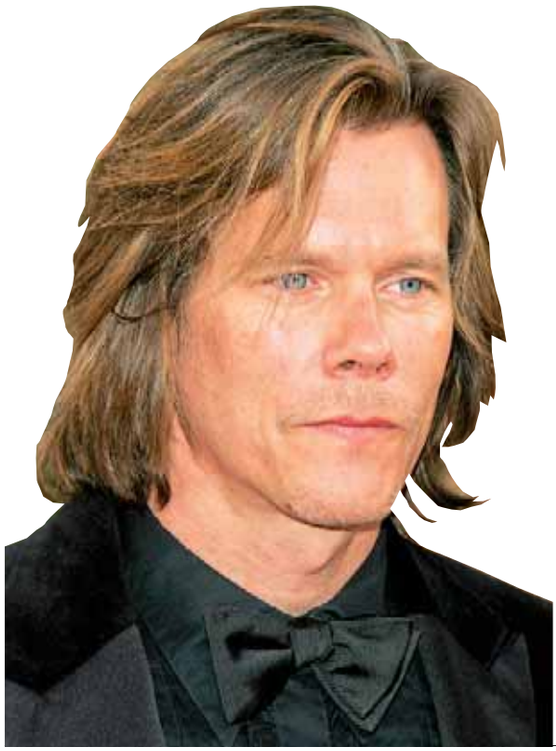

BACKSTAGE PASS

Dirty Dancing or Footloose? TIFF viewers will decide

Ian Gormely
Metro | Toronto

Will Baby make her way out of the corner? Or will a town with two left feet finally find its dancing shoes?

These are pressing questions at the heart of the TIFF Bell Lightbox's Versus Dance-off Edition: Swayze vs. Bacon program, which pits '80s dance classics Dirty Dancing and Footloose against one another.

Audiences ultimately decide who wins, but the Lightbox enlisted film writer Kiva Reardon and writer/comedian Anne Donahue to guide them through the process, each championing one of the films.

The winning male lead gets a separate screening of one of his other '80s hits. For Swayze, it's Ghost. For Bacon, it's Flatliners.

Both of the duelling films are of the same era and "are fundamentally uplifting," says Reardon, who is stumping for Dirty Dancing.

But Dirty Dancing, with its story of summer love and progressive politics, "is more relatable," Reardon said.

Not so, said Donahue, who flatly calls Patrick Swayze's character, Johnny Castle, an asshole.

"He makes Baby feel ashamed of who she is," Kevin Bacon's character, Ren, on the other hand, "descends upon a town bringing hope and change," Donahue said.

Each film's respective dance scenes played a large part in their enduring ubiquity.

Naturally, Reardon thinks Swayze has the superior moves, pointing out that Bacon's famous gymnastics routine in the abandoned factory was, in fact, performed by a professional gymnast.

Again Donahue feels differently, noting that Footloose has "an actual story with real characters."

Dirty Dancing, on the other hand, "is just a showcase for these two people to dance."

Real-life best friends, Reardon and Donahue describe both movies as part of the zeitgeist, "ingrained in childhood sleepover culture," when they were growing up.

"It's cool that it's a debate that's happening," said Donahue. "We just get to hang out and make people laugh before they watch one of two classics. Hopefully people will come and see both."

Dirty Dancing screens Tuesday at 9 p.m. Footloose screens April 2 at 9 p.m. Both are at the TIFF Bell Lightbox (350 King St. W.).

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THE SELF-SURVEILLANCE GENERATION — PART II

The curated teen

Self-editing and the fear of missing out are keeping kids plugged in — and on edge

What does it mean for teens' development when they are constantly glued to social media? One psychologist fears we're raising a generation of anxious, superficial kids. JEFF HARPER/METRO IN HALIFAX

Stephanie Taylor
Metro | Halifax

Marlisa, 17, is standing in her Halifax high school cafeteria with her purse over one shoulder and a binder tucked under her arm. Her eyes are downcast, staring at her phone.

We eventually sit together.

"This is my Instagram," she says, proudly.

Most of Marlisa's 28 posts are selfies. Four are posed in front of the same floor-length bedroom mirror. The reflections show her sitting on the side of a bed, with part of a black dress tucked off to the side, exposing the brown skin of her upper thigh.

In every one, her eyes are fixed to the screen, watching herself.

"I want them to see that I'm independent and I don't need anyone to control my life," she tells me.

Experimenting with one's identity has always been a part of adolescence, but today, with the ubiquity of social media platforms such as Facebook and Instagram, this process is now happening online, where teens are able to curate their image finely.

Teens see this as a good thing. In their paper, called Will the Real Digital Girl Please Stand Up? Examining the Gap Between Policy and Dialogue and Girls' Accounts of their Digital Existence, researchers Jane Bailey and Valerie Steeves cite evidence that girls in particular gravitate toward social media because "it gives them control over their image and self-presentation" and lets them explore the adult world without their parents.

But Larry Borins, a clinical psychologist who works with teens in the Toronto area, believes this culture of self-surveillance that social technologies have created is leading to an increasingly anxious, superficial generation.

Self-editing and anxiety

Borins says the power of platforms such as Facebook and Instagram — which act as windows into people's lives, coupled with complex identity-play and a desire to feel connected to friends that defines adolescence — results in an obsession with self-editing.

"They're experimenting, but not really showing their true identity. They're showing only what they want other people to see of them."

This is supported by Bailey and Steeves' paper, which goes on to explain that more important for girls to be seen online, is not to be seen badly.

That means teens dedicate hours to painstakingly manage their online selves in ways Borins finds comparable to the condition of cognitive distortion — symptomatic of depression and anxiety.

He says sufferers are constantly comparing themselves against others, filtering out their positives attributes to only focus on the negatives, which are exaggerated and overblown.

Dopamine and the 'like' generation

Marlisa tells me people criticized the photo of her in the black dress.

"A lot of people said I didn't act my age, like I was acting grown-up. And I didn't take that as offence — I was like, 'OK, well that's a good thing.'"

Scrolling through her photos, another catches my attention: Marlisa standing in front of a change-room mirror wearing a teal bra and underwear.

I ask what she's thinking about when she posts these images.

"How many likes I'll get," she replies. "I care for likes, especially comments. If someone's like, 'Oh my God, you're pretty,' that makes me feel good."

This makes sense to Borins, who says shots of the happy chemical dopamine are released in our brains every time we receive a like or even an email notification.

And as humans, we are instinctively searching for that next dopamine rush — a new Facebook friend request, a like on Instagram or retweet on Twitter — which is what Borins believes keeps teens constantly checking their phones.

FOMO: Fear of missing out

Esther's eyes widen as she counts the hours she spends on her phone a day.

"Like, 23," the 16-year-old jokes as she swaps glances with her friend Mariam from across the cafeteria table.

Two iPhones rest on the table like centrepieces. Each admits she is addicted; they've been addicted to their phones since Grade 6, in fact. Both struggle to find words when I ask what happens on a day without their phones:

"I feel sick," says Esther.

"I'm so used to having it with me all the time that when I won't have it, I feel just like I'm just missing something," Mariam says. "Like even if I'm not using it, I just feel like I need to have it with me in my pocket, in my hand."

Fear of missing out, Borins says, is contributing to a youth culture where teens are too self-obsessed to learn empathy or how "to step into someone else's shoes."

"We see (pictures of) people at parties that we haven't gone to and all of sudden there is this tremendous sense of not being included, not being in the community that elevates the sense of missing out," he says.

39%

A recent survey by MediaSmarts cited that 39 per cent of teens sleep with their phones on so as not to miss out on anything.

He explains that overwhelming pressure to keep up with online appearances, not to mention dealing with threats of cyberbullying and harassment, is taking a dangerous toll on teenagers' self-esteem, even causing some to swear off social media all together.

An undocumented future

Borins fears that without some sort of intervention, a generation of self-obsessed teens will only grow up to become "emotionally unavailable" adults.

The culture of instant connectivity threatens to replace real interpersonal skills with those of online or text conversations, he warns, adding that young people are at risk of losing their ability to read social cues and handle the conflict.

It is in a teenager's nature to deepen their social relationships by watching and being watched by peers, according to Steeves in her 2012 paper: Hide and Seek: Surveillance of Young People on the Internet.

However, she argues that online socializing is rooted in numerous "surveillant properties," such as Facebook "stalking" that allows teens to learn details about their peers without ever having to have a face-to-face conversation with them.

The exact impact these trends will have on a teenager's development remains to be seen, says Borins. He says researchers have no definitive evidence about what the long-term effects of growing up online means for the teenage brain.

For now, all he and millions of parents can do is deal with an anxiety of their own, waiting to see what will happen when a social media-addicted generation of adolescents grows up.

> **"You don't want to be someone ... people don't know. You want to be someone where everyone knows you and they want to get to know you.**
> Marlisa, 17, a student at a high school in Halifax

> **"That project of creating a curated identity is endless."**
> Matt Johnson, director of education at MediaSmarts, a digital and media literacy group in Canada

metro ONLINE
Missed Part I? Get caught up online and read how teens today are making their own rules when it comes to online behaviour, at metronews.ca.

U.S. nudged Canada to expand ISIL air campaign, Kenney says

IRAQ MISSION

Expansion would include airstrikes in Syria

The United States made it clear Canada's precision-guided bomb arsenal and expertise would be welcome in Syria, Jason Kenney said Wednesday — a narrow glimmer of clarity in the Harper government's murky reasons for expanding its Middle East campaign to include the war-torn region.

The defence minister would not go so far as to say the Americans asked Canada to expand the scope of its airstrikes outside of Iraq, but did indicate that Washington left the option open for consideration.

"Let me put it this way: We have conversations back and forth and they made it clear that they thought our precision-guided munitions would be helpful," Kenney said.

The U.S. and some of its Arab allies — notably Jordan and the United Arab Emirates — are already conducting airstrikes in Syria against the Islamic State of Iraq and the Levant.

Britain, France and Australia are also conducting airstrikes, but not in Syria. The Harper government had initially restricted Canadian warplanes to Iraq only, but that changed Tuesday with the introduction of a motion to expand and extend the mission until March 30, 2016.

Kenney, Foreign Affairs Minister Rob Nicholson and Prime Minister Stephen Harper faced a storm of demands Wednesday to justify the bombing of Syria under international law. In the Commons, Harper leaned on the U.S. argument — made to the United Nations — that Syrian dictator Bashar Assad had lost control of his territory, that ISIL represents a clear imminent threat to its neighbours, and that the Iraqi government specifically asked Washington to take action. Kenney took it a step further, saying he has a legal opinion from the military's judge advocate general justifying the airstrikes under Article 51 of the UN charter.

That provision says a country can take individual or collective self-defence action if a member is under armed attack, but the invocation of that clause is usually followed by an international resolution authorizing force.

THE CANADIAN PRESS

The Syrian Embassy sits vacant in Ottawa on Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS

> **Once again, the government is pursuing this action on exactly the same legal basis as its allies.**
> PM Stephen Harper

STRIP CLUBS

Sask. premier cites trafficking concerns as reason for about-face

Saskatchewan Premier Brad Wall says his government is reversing its decision to allow licensed strip clubs because it's concerned about human trafficking and sexual exploitation.

He says he believes it was a mistake to change provincial liquor laws to allow partial stripping in bars.

"If, by this decision, we have inadvertently allowed for even a marginal increase in the chance for human trafficking, it's the wrong decision," Wall said.

Before 2014, Saskatchewan law prevented stripping in venues where alcohol was sold.

Last year, those regulations changed and dancers could strip down to underwear.

Don Verstraeten owns the Codette Hotel near Nipawin, east of Prince Albert, where strip shows have been held since the regulations changed.

"There's no nudity," he said. "You can see more on HBO."

THE CANADIAN PRESS

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WINNIPEG

Police didn't protect teen: aboriginal leader

Canada's top aboriginal leader is accusing police of failing to protect a missing 15-year-old girl in the hours before she was last seen alive.

Perry Bellegarde, national chief of the Assembly of First Nations, said Winnipeg police didn't do their job when they came into contact with Tina Fontaine days before her body was pulled from the Red River wrapped in a bag.

Fontaine was in a vehicle pulled over by two officers more than a week after she was reported missing from foster care last August, but she was not taken into custody.

The Winnipeg Police Service said Tuesday neither of the officers will face criminal charges. One has been suspended without pay; the other is on paid administrative leave while the disciplinary process unfolds.

"They should have done their job," Bellegarde said following a speech in Winnipeg on Wednesday. "They are there to serve and protect our people."

Fontaine's death touched a nerve across the country and reignited calls for a national inquiry into nearly 1,200 missing and murdered aboriginal women.

Families of some of those women, along with volunteers, took to the Red River in their own boats to dredge the water in the hope of finding answers police have been unable to provide.

There is a growing frustration with the justice system's approach to missing and murdered aboriginal women, Bellegarde said.

The way Fontaine's disappearance was handled is "not accepted in today's society," he said.

"We've got to make sure we learn from the past and not make the same mistakes going forward," Bellegarde said. THE CANADIAN PRESS

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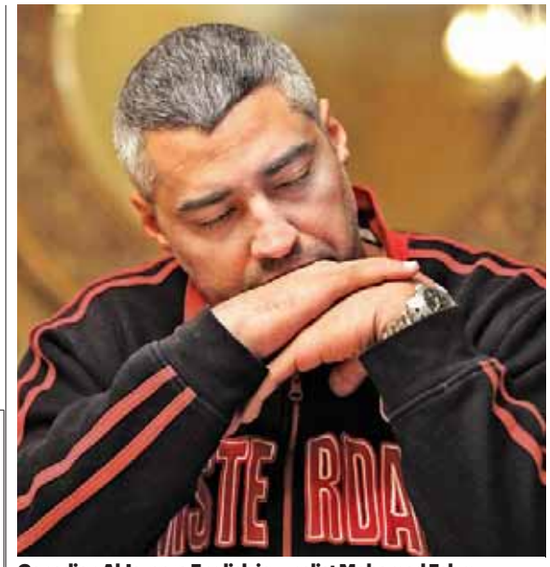


Canadian Al Jazeera English journalist Mohamed Fahmy pauses during an interview with The Associated Press in Cairo, Egypt, Thursday, Feb. 19. HASSAN AMMAR/THE CANADIAN PRESS

Fahmy braces for 'nightmare of a trial'

EGYPT

Final verdict months away, journalist laments

A Canadian journalist undergoing his second trial in Egypt on widely derided terror charges steeled himself for an "excruciating" wait Wednesday after a judge ordered his case adjourned until the end of next month.

Mohamed Fahmy, who has been fighting for more than a year to clear his name and return to Canada, said the long gap between proceedings contradicts all suggestions that Egypt wants to expedite his case.

"This nightmare of a trial seems that it will extend for many more months to come before we see a final verdict," Fahmy told The Canadian Press. "It seems like the judge is really taking his time."

The 40-year-old was working for satellite news broadcaster Al Jazeera English when he and two colleagues were arrested in Cairo in December 2013.

They were charged with airing falsified footage intended to damage national security and being part of the outlawed Muslim Brotherhood, which is now considered a terrorist group in Egypt. The trio insisted they were simply doing their jobs.

After a trial that was internationally criticized as a sham, Fahmy was sentenced to seven years in prison but a successful appeal resulted in a retrial being ordered.

One of his colleagues — Australian Peter Greste — was abruptly released in February under a law which allows for the deportation of foreigners convicted of crimes, but Fahmy and his Egyptian co-worker Baher Mohamed remained in prison. They were granted bail after their retrial began. THE CANADIAN PRESS

ALBERTA

Former health premium unfair, says Prentice

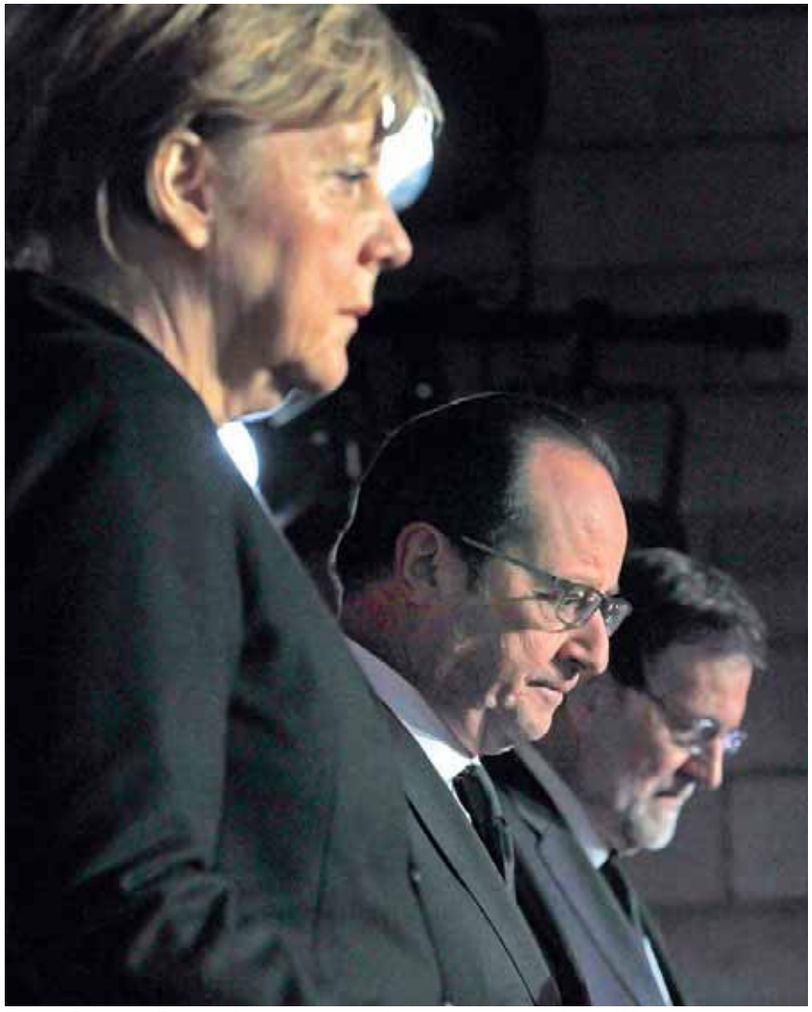
Premier Jim Prentice says Alberta's new health-care levy will not be a flat rate.

Prentice says the rate charged equally to everyone under the old Alberta health premium system was unfair and regressive.

He says further details about the new fee will be in Thursday's budget.

The levy is a key element of a budget Prentice says will be the first step in getting Alberta's government off the wild swings in oil prices. Low oil prices are expected to drain $7 billion from the treasury this year. THE CANADIAN PRESS

Pilot locked out of cockpit before crash, says report



French President Francois Hollande, center, German Chancellor Angela Merkel, left, and Spanish Prime Minister Mariano Rajoy attend a news conference in Seyne-les-Alpes, France, Wednesday after a Germanwings jetliner crashed Tuesday in the French Alps.

CHRISTOPHE ENA, POOL/THE ASSOCIATED PRESS

FLIGHT 9525

Investigators analyze audio from mangled black box

The first half of Germanwings Flight 9525 was chilling in its normalcy. It took off from Barcelona en route to Duesseldorf, climbing up over the Mediterranean and turning over France. The last communication was a routine request to continue on its route.

Minutes later, at 10:30 a.m. Tuesday, the Airbus A320 inexplicably began to descend. Within 10 minutes it had plunged from its cruising altitude of 38,000 feet to just over 6,000 feet and slammed into a remote mountainside.

To find out why, investigators have been analyzing the mangled black box that contains an audio recording from the cockpit. Remi Jouty, the head of France's accident investigation bureau BEA, said Wednesday that it has yielded sounds and voices, but so far not the "slightest explanation" of why the plane crashed, killing all 150 on board.

A newspaper report, however, suggests the audio contains intriguing information at the least: One of the pilots is heard leaving the cockpit, then banging on the door with increasing urgency in an unsuccessful attempt to get back in.

"The guy outside is knocking lightly on the door and there is no answer," The New York Times quotes an unidentified investigator as saying. "And then he hits the door stronger and no answer. There is never an answer."

Eventually, the newspaper quotes the investigator as saying: "You can hear he is trying to smash the door down."

The investigator, whom the newspaper said could not be identified because the investigation is continuing, said officials don't know why the pilot left. He also does not speculate on why the other pilot didn't open the door or make contact with ground control before the crash.

Since the Sept. 11 terrorist attacks, airlines in the U.S. don't leave one pilot alone in the cockpit. The standard operating procedure is that if one of the pilots leaves — for example to use the bathroom — a flight attendant takes their spot in the cockpit. It was not immediately clear if European airlines have adopted the same practice.

The names of the pilots have not been released.

THE ASSOCIATED PRESS

150

According to Germanwings, the victims included 72 German citizens, as well as 35 Spaniards, two people each from Australia, Argentina, Iran, Venezuela and one person each from Britain, the Netherlands, Colombia, Mexico, Japan, Denmark, Belgium and Israel.

THE ASSOCIATED PRESS

YEMEN

President flees country

Yemeni President Abed Rabbo Mansour Hadi fled the country by sea Wednesday on a boat from Aden, as Shiite rebels and their allies advanced on the southern port city where he had taken refuge, captured his defence minister and seized the city's airport.

Hadi's departure marks a dramatic turn in Yemen's turmoil and means a decisive collapse of what was left of his rule, which the United States and Gulf allies had hoped could stabilize the chronically chaotic nation and fight al-Qaida's branch here after the 2011 ouster of longtime autocrat Ali Abdullah Saleh.

Over the past year, the Shiite rebels known as Houthis, who are believed to be supported by Iran, have battled their way out of their northern strongholds, overwhelmed the capital, Sanaa, seized province after province in the north and worked their way south. Their advance has been boosted by units of the military and security forces that remained loyal to Saleh, who allied with the rebels.

With Hadi gone, there remains resistance to the Houthis scattered around the country, whether from Sunni tribesmen, local militias, pro-Hadi military units or al-Qaida fighters.

Hadi and his aides left Aden after 3:30 p.m. on two boats, security and port officials told The Associated Press. The officials would not specify his destination. But Hadi is scheduled to attend an Arab summit in Egypt on the weekend, where Arab allies are scheduled to discuss formation of a joint Arab force that could pave the way for military intervention against Houthis.

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U.S. MILITARY

Brass doesn't want transgender soldiers

U.S. Defence Secretary Ash Carter has gotten pushback from senior military leaders on whether the Pentagon should lift its ban on transgender people serving in the armed forces, according to officials familiar with the discussions.

Carter initially told troops in Afghanistan that he was open-minded when asked if the Defence Department was planning to remove one of the last gender- or sexuality-based barriers to military service. But defence officials said members of his top brass told Carter that they had serious reservations.

The officials spoke on condition of anonymity because they were not authorized to discuss the matter publicly.

Military officials are reluctant to publicly discuss their opposition, but much of it centres on questions about where transgender troops would be housed, what berthing they would have on ships, which bathrooms they would use, and whether their presence would affect the ability of small units to work well together.

There also are questions about whether the military would conduct or pay for the medical treatment and costs associated with any gender transition, as well as which physical training standards they would be required to meet.

The military has dealt with many similar questions as it integrated the ranks by race, gender and sexual orientation. And in many cases they raised comparable worries about what effect the change would have on the force, including whether it would hinder small units that often have to work together in remote, confined locations for long periods of time.

THE ASSOCIATED PRESS

A firing squad chair is seen in this photo. Utah is the only state to employ firing squads if no lethal injection drugs are available. TRENT NELSON/THE ASSOCIATED PRESS FILE, POOL

Utah faces firing squad controversy

CAPITAL PUNISHMENT

Tourism industry fears business may go elsewhere

Utah lawmakers say they took a pragmatic approach in approving the firing squad as a form of execution if lethal-injection drugs aren't available.

But critics say bringing back the firing squad in Utah — the only state to use the method in the past 40 years — could tarnish the state's image with visitors.

Tourism is big business in Utah, home to world-class ski resorts and spectacular national parks. Travellers spent a record $7.5 billion in the state in 2013, and tourism dollars are linked to one of every 10 Utah jobs, according to a University of Utah report released this year.

But firing squad executions draw a different kind of attention — one Utah lawmakers decided 11 years ago that the state didn't need. Former state Rep. Sheryl Allen said Tuesday reinstating the firing squad as a backup could once again elicit criticism and give the state a bad reputation.

Bringing back the method adds fuel to the fire for critics who point to other Utah oddities — such as its strict, sometimes confusing liquor laws — as reasons to steer clear, said David Corsun, director of the University of Denver's Fritz Knoebel School of Hospitality Management.

The firing squad could affect Salt Lake City's position in the competitive and lucrative convention business, Corsun said.

Large associations with members of varied political and social backgrounds try to avoid states where controversial laws recently have passed.

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Knox conviction in error: Lawyer

ITALY

Defence argues decision is 'a distortion of the facts'

Amanda Knox's defence lawyer urged Italy's highest court on Wednesday to overturn the American's conviction in the 2007 murder of her British roommate, calling it a "grave judicial error."

Knox faces 28-1/2 years in an Italian jail for the 2007 murder of 21-year-old Meredith Kercher in an apartment they shared in the university town of Perugia, after being convicted by a Florence appeals court last year along with her former Italian boyfriend, Raffaele Sollecito.

Sollecito's defence will make its case on Friday, when the case resumes before the Court of Cassation.

Winding up Wednesday's full day of arguments, Knox defence lawyer Carlo Dalla Vedova said the Florence court's conviction of Knox "is not justice, it is a distortion of the facts."

Amanda Knox in New York in 2014. THE ASSOCIATED PRESS FILE

He argued, that based on analysis of blood stains, including two handprints on the victim's pillow, in Kercher's room and elsewhere in the house the two women shared, "there is not one trace of Amanda in the room of the crime."

"We are confronted with a very grave judicial error that must be set right," he said before asking the court to overturn the 2014 guilty verdict.

Knox maintains her innocence. She returned to the United States in 2011 after an earlier appellate court verdict acquitted the pair. She was awaiting the high court's decision in her home town of Seattle, and is "worried, very worried," Dalla Vedova said.

"I don't think she is sleeping much," he added.

The Cassation Court's options include confirming the guilty verdicts, raising the question of extradition for Knox; overturning the convictions and ordering a third appeals trial; or overturning the convictions without a new trial, tantamount to acquittal.

Knox and Sollecito were convicted in 2009 of the murder, then acquitted by a Perugia appeals court in 2011.

The Court of Cassation, however, threw out the acquittal in a scathing decision, remanding the case to a Florence appeals court, which convicted the pair. THE ASSOCIATED PRESS

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Bell slammed over meddling report

BROADCASTING

Bell Media's head allegedly wanted Blais blackballed

Canada's broadcasting regulator has issued a sharply worded reminder to Bell Media that it has a statutory duty not to interfere in the work of its CTV journalists, calling a report of meddling "disturbing."

The warning follows a Globe and Mail article that says Bell Media president Kevin Crull intervened in how journalists reported a major regulatory decision last week. The decision had not gone the way the corporation had hoped.

The Globe says Crull demanded that journalists not give any airtime to Canadian Radio-television and Telecommunications Commission (CRTC) chairman Jean-Pierre Blais.

CTV president Wendy Freeman is said to have communicated that edict to journalists, reportedly explaining that she feared for her job.

Blais had just announced rule changes requiring broadcasters to offer a low-cost package to consumers and to allow them to "pick and pay" other individual channels. He had appeared at a news conference, and also did individual interviews that day.

"The allegation … that the largest communication company in Canada is manipulating news coverage is disturbing," Blais wrote.

The Globe report says CTV Ottawa bureau chief Bob Fife, chief anchor Lisa LaFlamme and Freeman, ultimately refused to abide by Crull's edict for the evening newscast.

Crull has apologized for intruding on the editorial integrity of the CTV's news team. He said he was wrong to try to influence the editorial decisions of CTV journalists and has "apologized to the team directly for this mistake."

THE CANADIAN PRESS

> **An informed citizenry cannot be sacrificed for … commercial interests**
>
> Jean-Pierre Blais, CRTC chairman

market minute

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TSX 14,929.37 (-151.89)

OIL $49.21 US (+$1.70)

GOLD $1,197 US (+$5.60)

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DOW JONES: 17,718.54 (-292.60)

Dating site fined

PlentyOfFish has paid a fine of $48,000 after the CRTC found the online dating website violated its new anti-spam legislation. Complaints alleged PlentyOfFish Media Inc. sent emails between July 1 and Oct. 8 of last year that did not have a clearly labelled or easy-to-use unsubscribe option.

PlentyOfFish was created by Markus Frind in Vancouver 12 years ago and now has more than 100 million users around the world. The service sends its users emails which notify them of new messages from fellow users and highlight people with similar interests.

THE CANADIAN PRESS

metro VIEWS
Your essential daily news
Thursday, March 26, 2015

the big number

39%

Percentage of Canadians aged 18 to 24 who vote, according to a study by Samara. The study says youth drive down overall voter turnout, and are increasingly less likely to ever start voting.

Banks are designing our homes, and not for the better

ON ARCHITECTURE
Alexander Josephson

One of the upshots of the real estate boom over the last decade is that Canadians have, for better or worse, become armchair connoisseurs of design.

We hear people talking at dinner parties about how recladding a house in COR-TEN steel panels, upgrading kitchen counters with Corian, or adding an egg tub to a bathroom will increase their property values.

While these makeovers may have short-term payoffs, they reflect a Canadian predicament: People are focused on renovations, not architecture.

Since 2008, our banks have become famous for playing it safe. What many people don't realize, however, is the extent to which banks, in all their cautious glory, are influencing the design process.

As a result, Canadians' design dreams are getting stuck in second gear and architects looked upon as a luxury instead of a vital investment.

Whether you're a growing family, value sustainability, or cherish state-of-the-art design, people want architecture to be responsive to their tastes and lifestyles.

Say you decide to renovate or want to build anew. You need money.

But what you quickly realize in meeting with your mortgage specialist is that the bank is only willing to take you half the way home.

Canadian banks will typically finance 40 to 60 per cent of a property's value for renovation or rebuilding, depending on your personal circumstances.

At the end of the day, many successful younger Canadians are discovering that even with great jobs, good credit, and existing home ownership, you need savings, lines of credit, high-interest personal loans, and — for the lucky bunch — generous parents to help square the costs.

The 25-year mortgage is dictating a calibre of architecture the general public can ill afford.

Put another way, Mike Holmes has a prime-time empire precisely because it's too prohibitive to build comprehensive projects the first time around without exceeding available resources.

Sound design is a casualty of a chicken-and-egg tango between banks and real estate markets, neither of which are willing to invest.

It is this cycle — more so than permitting or building codes — that drives the quality and esthetics of Canadian residential architecture and is fostering a culture of compromise.

In many cases, unless you miraculously find a pot of gold to build what you really want, people have no choice but to accept lower price-tag, construction-grade builds.

Essentially, bankers are designing our homes, and the 25-year mortgage is dictating a calibre of architecture the general public can ill afford.

We need to look beyond the tips of our Corian countertops and start seeing architecture as a longer-term investment.

Alexander Josephson is co-founder of PARTISANS Architecture and a lecturer at the University of Toronto Daniels School of Architecture.

ROSEMARY WESTWOOD

metroview

Gay hair sweater? 'Hello?! Holocaust!' I'm pretty sure I yelled that in the newsroom.

There is a room at Auschwitz filled with piles and piles of human hair, braided or coiled into balls. I stood there five years ago in horror.

It's all I could think of when I first saw what's been dubbed the "gay sweater," unveiled this week in Toronto. The bulky, brownish sweater is knitted entirely of hair from gay people's heads.

By making something literally from gay people, the sweater's creators hope to underline that people, not things, are gay, and that the phrase "that's so gay" is always homophobic. But that wasn't the first message I got.

"Hello?! Holocaust!" I'm pretty sure I yelled that in the newsroom.

The Nazis harvested their victims' hair and sold it to companies, which used it for mattress stuffing, carpets, and socks. The creators of the sweater were either ignorant of the similarities and symbolism, I figured, or too arrogant to care. As upset as I was, I'm now guessing it's not as angry as gay people in California (or anywhere else) might be this week. A lawyer there is trying to pass a ballot measure that would make it legal to shoot them, point blank, for being gay. The Sodomite Suppression Act calls gayness an "abominable crime" that will bring "God's just wrath." To prevent that, it demands "any person who willingly touches another person of the same gender for purposes of sexual gratification be put to death by bullets to the head or by any other convenient method."

Long pause.

No, this is not actually going to become law. But In the meantime, it's generating headlines. Just like the gay sweater. And I can't stop thinking of Auschwitz and that room.

Jeremy Dias has also stood there. He's the founder of the Canadian Centre for Gender and Sexual Diversity, which is behind the gay sweater project. He remembered how "among the failing colours of the hair this one piece of red hair was just so striking" that he and others burst into tears when they saw it. Dias had considered that some people might see a resemblance, but his project is nothing like what happened at Auschwitz, he said. By making that association, he argued, I was proving his point: Perhaps I didn't even think to get upset about the ubiquitous "that's so gay" because I've come to accept it as part of the way people speak. He's wrong. I do not think "that's so gay" is acceptable. But I might have come to expect it.

I'm also not being threatened with murder in California, however theoretical. Nor am I likely to be attacked for holding my boyfriend's hand here in Canada. The gay sweater is provocative on purpose in an effort to end hate. And in the context of that battle, my discomfort matters far less.

metro
Your essential daily news

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metro LIFE
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New direction for Zayn Pg. 31

Your essential daily news
Thursday, March 26, 2015

Throw out the little black dress

TORONTO FASHION WEEK

Narces brings whimsy and luxurious fun to evening wear

Narces brought the party to the runway with a new collection punctuated by playful patterns, cute cocktail dresses and fanciful frocks.

"There's always an undertone of not-so-serious, have fun with your evening wear, enjoy what you're wearing," designer Nikki Wirthensohn said backstage at Toronto's World MasterCard Fashion Week on Tuesday.

"This was kind of the height of being whimsical and ... bringing out the sense of humour, I guess, in how you can dress."

Red-lip prints dotted on sumptuous short-sleeved dresses were the perfect embodiment of the collection's flirty, feminine and formal style fusion.

The spectrum of designs encompassed everything from flowing baby doll dresses to body-hugging sheaths.

Full-length dresses were richly adorned with swaths of strategically placed sequins, lace and embellishments. A luxurious jumpsuit was also showcased in the range.

> **There's always an undertone of not-so-serious, have fun with your evening wear, enjoy what you're wearing**
> Designer Nikki Wirthensohn

The new line featured a palette of black, ivory, gold, silver, red and a combination of black and ivory in organza, lace, laser-cut satin, stretch knit, mesh and tulle.

Wirthensohn said she was inspired by the work of Japanese artist Sachiko Kodama's ferrofluid art.

The process involves the use of a liquid (ferrofluid) that becomes highly magnetized with the presence of a magnetic field and forms a moving sculpture.

"We've got lots of dresses where the body is kind of forming that magnetic field." THE CANADIAN PRESS

Magnetic field: Models walk the runway for the Narces collection during Toronto Fashion Week.
NATHAN DENETTE/THE CANADIAN PRESS

FASHION NOTES

Designer Sunny Fong on the dot with new collection for VAWK

Sunny Fong made a colourful return to the runway at World MasterCard Fashion Week on Tuesday with his fall-winter collection for VAWK, awash in vibrant shades.

Fong draws on '60s style influences and the pop art of late American icon Roy Lichtenstein for his new range.

Fong said the running theme for his new line is the dot, encompassing everything from buttons on beautifully structured coats to the shapes of the creations themselves.

The inspiration does indeed come full circle within the Dot Du Jour line, with the spherical shapes evident in the sculptural sleeved tops and voluminous skirts featured in the collection. THE CANADIAN PRESS

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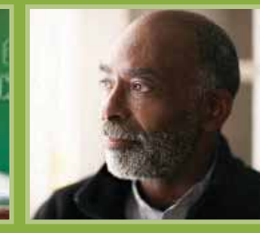

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SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 31

Tokyo men one step ahead of style

A Tokyo Fashion Week guest dons a jacket by Dissborn, shoes by Dr. Martens and hat by Kenzo. GETTY IMAGES

MENSWEAR

Future of men's fashion lives in Japan's striking streetstyle

Feminine glamour may turn the most heads at fashion weeks in New York or Paris, but in Tokyo it is the style-conscious men who set the sartorial trends.

From sharp futurism to wool-and-denim casuals, the finale of Tokyo Fashion Week earlier this month put the spotlight largely on menswear, aiming to promote the most dynamic area of Japanese clothes design.

"What happens here is probably the future of men's fashion," said Antonio Cristaudo from Pitti Immagine, a collection of fashion industry events in Italy.

"There's individuality, they want to be different," he told AFP. "It's important for all the fashion world to see what's happening in Japan."

Such innovation is nowhere more evident than on the streets of Tokyo, from the vintage and skater styles of Ura-Hara to the slick suits of the Marunouchi business district.

With sharp tailoring and eye-catching accessories, from hats and bags to shiny shoes, the get-up of Tokyo gents is striking to the first-time visitor.

"The menswear is just so much more exciting than womenswear here," said Misha Janette, an American fashion journalist based in Tokyo, who suggested the tendency for women to cover up meant their clothes could be "a bit shapeless."

For the men, meanwhile, "it's OK to do your hair, be into fashion, use skincare," Janette said. "They like to be proper in Japan."

Although Tokyo's dandies shine at home and start trends that travel abroad, the success of Japan's own designers has been limited overseas.

The industry is now trying to change that with the new Tokyo Fashion Awards, backed by the city government, which push homegrown brands to emulate their leading lights such as Junya Watanabe and Rei Kawakubo, founder of Comme des Garcons.

The awards jury chose six brands, predominantly menswear-focused, which were seen to have international potential. The winners held a showroom at Paris Fashion Week this year and presented their autumn/winter collections in Tokyo on Saturday. AFP

Glasses, shirt, tie, waistcoat and suit by Thom Browne at Shibuya Hikarie in Tokyo. GETTY IMAGES

FASHION NOTES

Emerging designer returns to runway as startup winner

After earning a lucrative emerging designer prize at World MasterCard Fashion Week, Sid Neigum returned to the Toronto runway on Monday with a fully produced show and a $30,000 bursary, giving his brand a welcome cash boost.

In 2012, the Toronto-based designer won the Toronto Fashion Incubator's New Labels contest and $25,000 cash.

Neigum earned an additional $2,500 last October for another victory tied to the startup contest by designing a winning outfit inspired by Minnie Mouse.

His line is now being carried by Hudson's Bay Co.'s luxury department The Room and Toronto boutique Jonathan+Olivia. THE CANADIAN PRESS

Sid Neigum THE CANADIAN PRESS

East meets West in cool looks from Pink Tartan

Womenswear label Pink Tartan channelled international influences for its latest cool weather looks.

"I felt this is a really East meets West moment," head designer Kimberley Newport-Mimran said in a backstage interview at Toronto's World MasterCard Fashion Week on Monday.

Pink Tartan unveiled a range of cosy, snuggle-worthy textured knits and furs, paired alongside garments with relaxed kimono sleeves and tie-front detailing.

The designer cited a new outerwear piece as key for fall-winter. Pink Tartan had no shortage of fresh takes on cool-weather toppers, including shaggy furs and multi-pocketed coats. THE CANADIAN PRESS

A Pink Tartan cool-weather look. THE CANADIAN PRESS

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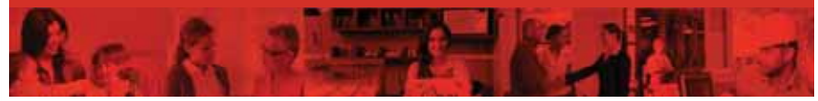

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Books from beyond the grave

READING

Highly anticipated releases from dead authors are all the rage

Mike Dojc
For Metro

Despite new releases coming down the pipe by adored and still-kicking scribes like Toni Morrison and Jonathan Franzen, the most hotly awaited fiction releases in the next 12 months come courtesy of stone-cold dead literary lions.

Publishers have unearthed and dusted off previously unseen books by beat generation icon Jack Kerouac, rhyme maestro Dr. Seuss, and if the rumours bear out, even more new work by high school English teacher favourite, J.D. Salinger.

But, if these manuscripts weren't published during their author's lifetime, might that not have been on purpose, and do publishers have any misgivings about potentially disrespecting late writers' wishes?

"That's a big question," concedes Jean Bernier, editor at Les Éditions du Boréal, the Montreal publishing house releasing La vie est d'hommage, a collection of previously unseen French-language Jack Kerouac work.

"Of course we'll never know what the author thinks about that, but if you're someone like Salinger or Kerouac, you're so famous that in part you belong to the readers, you belong to the history of literature.

"So I don't have any moral qualms (when we are talking about) such important writers — I think it's in the public interest."

> **"... if you're someone like Salinger... you belong to the readers**
> Jean Bernier

Tom Graves, a partner at The Devault-Graves Agency that got the posthumous Salinger train chugging last year when they released Three Early Stories is far less diplomatic on the subject.

"Authors, schmauthors. Many of them are notoriously nitwitty about their books. Take J.D. Salinger. Please.

"He wrote in a dungeon for nearly 50 years and wouldn't show his writings to anyone — kept it all in a safe, " he says.

"But who knows? Salinger would have really hated the fact we republished three early stories of his, even though they are quite good and are examples of Salinger's muse before he nearly went mad in combat in WWII.

"He was a very changed man after the war and no longer felt his early work had value. I hate to tell him, but he is wrong," adds Graves.

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BOOKS

Posthumous new releases

What Pet Should I Get?

The brother-and-sister duo featured in this previously boxed manuscript discovered by Theodore Geisel's widow are the same kiddos who appear in One Fish Two Fish Red Fish Blue Fish, dating the work from between 1958 and 1962. The rediscovered tome hits shelves July 28 and Random House has teased that there will be even more previously unseen Seuss in store.

That Which Does Not Kill

Stieg Larsson wrote three instalments of his Millennium series — a.k.a. The Girl with the Dragon Tattoo books — and planned to pen seven more before he died of a heart attack in 2004. Keeping it Swedish, writer David Lagercrantz revives everyone's favourite goth hacker heroine in a new sequel out Sept. 1.

La vie est d'hommage

Kerouac fans are giddy about this collection of texts preserved by Kerouac's brother-in-law, due out in the spring of 2016. The book includes the early '50s novel La nuit est ma femme as well a novella titled Sur le chemin, which despite translating to On the Road differs from the author's career-defining book. The non-profit Library of America will publish the English version.

Cover unveiled for Harper Lee novel

JACKET ART

Go Set a Watchman will remind fans of Mockingbird

The cover for Harper Lee's new novel will remind you of the cover for her old one.

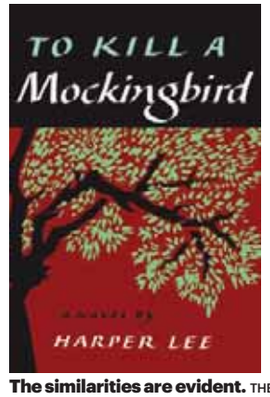
On Wednesday, HarperCollins unveiled the jacket art for Lee's Go Set a Watchman, the unexpected followup to her classic To Kill a Mockingbird.

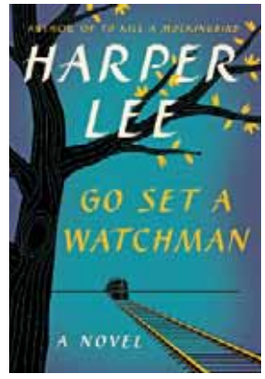
Like To Kill a Mockingbird, it features a moody illustration with an oak tree, but also train tracks and a train in the distance. In a statement released by HarperCollins, company president Michael Morrison noted that Go Set a Watchman begins with Mockingbird protagonist Scout Finch returning by train 20 years later, in the '50s, to her native Alabama.

"There are so many wonderful parts of Go Set a Watchman that it was hard to pick just one iconic image to represent the book," Morrison said. "This design is perfect — it draws on the style of the decade the book was written, but with a modern twist."

Jonathan Burnham, a senior vice-president at HarperCollins, said that creating an entirely new image had "certainly crossed our minds," but that he and others kept coming back "to the central idea that the cover should in some ways connect to To Kill a Mockingbird." An oak tree, Mockingbird fans know, can be found on the property where the reclusive Boo Radley lives, in Lee's fictional Maycomb, Ala.

HarperCollins has announced a first printing of 2 million copies and a July 14 release date for Watchman. THE ASSOCIATED PRESS





The similarities are evident. THE ASSOCIATED PRESS

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Get mixing with Mad Men

What the Mad Men — and women — drink says a lot. With the final episodes of the season set to begin April 5 on AMC, we toast these characters with some signature cocktails from the '60s. THE ASSOCIATED PRESS;PHOTOS: AMC/LIONSGATE

VODKA GIMLET

Betty's break

This is Betty's signature drink and would most likely have been made with half vodka, half Rose's West India Sweetened Lime Juice served over ice. When the Cuban missile crisis looms and there's trouble in her marriage to Don, Betty orders a gimlet at a bar before engaging in a backroom tryst with a stranger.

OLD FASHIONED

Don's drink

Back then this would have been made with a cheap, blended whisky, possibly Don's favourite — Canadian Club. Start with a sugar cube and a few drops of bitters and muddle in a cherry and orange wedge, adding the whisky and possibly a lemon wedge garnish. These days, bartenders use a good bourbon or rye and add just a dash of sugar and bitters.

DRY MARTINI

Just for Joan

The show's second season picked up in 1962, the year Dr No informed the world James Bond drank a vodka — as opposed a gin — martini, shaken and not stirred. A traditional approach is 2 ounces vodka, 1/3 ounce dry vermouth, olive garnish. Unflappable Joan likely wouldn't care if it's shaken or stirred — and if you're serving this over ice, it doesn't really matter.

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Metro

One Direction loses bad boy Zayn Malik

MUST READ

MUSIC

The singer is parting ways with the pop group

Ned Ehrbar
In Hollywood

Looks like the stress was more severe than we thought.

Five years after being cobbled together by Simon Cowell on The X Factor, One Direction has gone from a fivesome to a foursome, as Zayn Malik has announced that he is resigning from the hugely successful pop group. Niall Horan, Harry Styles, Liam Payne and Louis Tomlinson, currently on a world tour, will continue as a four-piece. "My life with One Direction has been more than I could ever have imagined," Malik says in a statement. "But, after five years, I feel like it is now the right time for me to leave the band. I'd like to apologize to the fans if I've let anyone down, but I have to do what feels right."

After five years, Zayn Malik is leaving One Direction. ALL AP/GETTY

HIP HOP

Inside the mind of rapper Iggy Azalea

Just in case there were any lingering questions you had about how Iggy Azalea's mind works, Vogue subjected the Australian rapper to a rapid-fire list of 73 questions.

How they landed on 73 as a number is beyond me, but hey, the more you know.

For instance, her favourite TV show is Game of Thrones, and her superpower of choice is invisibility. And she loves tacos, because clearly she's a human being.

But some of the information she divulges to the magazine is rather revealing: "Four months ago, I got bigger boobs! I'd thought about it my entire life," she says, admitting she didn't initially want to share the information. "But then I decided I wasn't into secret-keeping." Obviously.

DIVORCE

Lena Headey on her split

Lena Headey, who plays reigning Game of Thrones ice queen Cersei Lannister, is a lot more emotionally open in real life, especially when it comes to discussing her 2012 divorce from Peter Loughran. "It's tough," she tells More magazine. "There's a lot of hurt and sadness and disappointment. Grief. Massive grief. It's a mourning process, and yet nobody's died." That's some impressive eloquence, right there.

MOVIES

Vin Diesel has high hopes for Furious 7

With the seventh film in Fast and Furious franchise set to come out next month and expected to rack up the kind of titanic global success the last few have seen, it's understandable that series star Vin Diesel might be feeling a bit bullish on its prospects.

Maybe too bullish, actually. "Universal is going to have the biggest movie in history with this movie. It will probably win best picture at the Oscars, unless the Oscars don't want to be relevant, ever," Diesel tells Variety. "This will win best picture. There is nothing that will ever come close to the power of this thing." Mr. Diesel, I'm glad you're so pleased with your latest work, but let's temper this excitement a bit, yeah?

Vin Diesel

FAN DRAMA

Rowling wins again

J.K. Rowling

Harry Potter creator J.K. Rowling wins the Internet once again, this time by calmly shutting down a reader who took issue with the fact that one of her characters, Dumbledore, is gay. "Thank you so much for writing Harry Potter," the fan tweeted. "I wonder why you said that Dumbledore is a gay because I can't see him in that way." Rowling, understandably good with words, offered back a simple: "Maybe because gay people just look like ... people?"

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Perplexing warning

Economists are confident that our lending systems are strong

Brent Jolly
For Metro

Although the International Monetary Fund (IMF) has recently sounded warning bells regarding the Canadian housing market, economists believe its concerns are being overplayed and should have little bearing on Canadian homebuyers and owners.

Earlier this month, the IMF released a research note that expressed unease with recent policy changes made by the federal government to help tighten mortgage lending rules and financial oversight.

"I find it perplexing," said Sherry Cooper, chief economist with Dominion Lending Centres (DLC).

"Without question, Canada has a stronger regulatory system (post-2008 financial crisis) than in any country in the world. If it isn't broke then why should we fix it?"

In its note, the IMF said Canada should consider consolidating its oversight of the financial system into a single body in order to "strengthen accountability and reinforce policy-makers' ability to identify and respond to future potential crises."

Currently, the regulation of Canada's system is overseen by a combination of different bodies, which include the Office of the Superintendent of Financial Institutions (OSFI), the Department of Finance, and the Canada Deposit Insurance Corporation (CDIC).

Benjamin Reitzes, a senior economist and vice-president of economic research with BMO Capital Markets, is not convinced by the IMF's call for reform. Like Cooper, Reitzes said Canadian lending standards are strong and there is a high threshold for consumers to cross before being approved for a mortgage.

Dovetailing their anxiety about Canada's regulatory environment, the IMF has reiterated its concern regarding Canadians' high levels of household debt, which currently sits at about $1.63 against every $1 of income earned.

Canadian economists believe the International Monetary Fund's concerns are being overplayed and should have little bearing on homebuyers and owners. TORSTAR NEWS SERVICE

> **The net worth and the debt-to-asset levels of Canadians are very strong right now.**
> Peter Norman, chief economist with Altus Group

On the surface, this comparison creates a "visceral" reaction, said Peter Norman, chief economist with Altus Group, but it should not cause Canadians to lose much sleep. This is because the IMF's calculation does not include household assets, he said.

"The net worth and the debt-to-asset levels of Canadians are very strong right now," Norman said.

This research note marks the second time in three months that the IMF has shone its spotlight on the issue of housing in Canada. In January, the organization issued a report that warned the Canadian real estate market could be overheated by anywhere from seven to 20 per cent, a claim that has been disputed by many industry experts.

STRATEGY

Gathering intelligence will pay off in long run

For some, the declaration to "do your homework" might bring back haunting memories of grade school. However, it is a strategy that could pay big dividends when the time comes to renew a mortgage.

"Not completing the proper legwork will do a major disservice to your wallet," said Robert McLister, founder of RateSpy.com, an online Canadian mortgage comparison site. "The more intelligence you can gather, the more likely your chances are of finding the best deal."

In addition to taking the proper time to compare rates from various financial institutions, McLister recommended investing time in searching to find the right professional to help with the renewal process.

He said that negotiating a mortgage is a complex process and working with a professional can help simplify the many layers of legal and contractual nuance. This is important, he said, because not every mortgage product is one size fits all.

For example, McLister said many deep-discount rate products have terms and conditions associated with them that could prevent borrowers from acquiring a future line of credit or that limits one's prepayment privileges.

David Fleming, a Toronto-based sales representative with Bosley Real Estate, said consumers should not be convinced that the lowest rate on a product will always provide them with the best deal over the long term.

Before signing, he said consumers must examine the agreement's terms and conditions.

"Not properly examining these small details could be financially crippling to consumers that will take out their entire return."

With the recent announcement that the Bank of Montreal and TD Bank are lowering their five-year fixed mortgage rate to 2.79 per cent, Fleming said consumers should consider locking in now.

"Don't get greedy. It is ludicrous how low the rates are right now. Still, there are some consumers out there who are sticking to a variable rate (mortgage) because they think there is still money on the table to be made. That's a big gamble."

BRENT JOLLY/FOR METRO

From homeowner to cottage dweller

Camilla Cornell
For Metro

When Mike Bayer purchased Seabreeze, his two-bedroom cottage on Lake Ontario in 2010, he was well aware that he might have to do some dancing to get financing.

Bayer was still in his 20s at the time, but he had been in the vacation rental business for several years as a rental agent and through his blog (cottageblogger.com), which offers advice on renting your recreational property.

Bayer knew from experience that lenders often view recreational homes as inherently more risky, so both your down payment and the interest rate you are offered may be higher than for a permanent residence.

"The feeling is, if a borrower gets into some financial difficulties, they will place more importance on paying the mortgage on their primary residence," said Janine Weis, a mortgage agent with Mortgage Intelligence in London, Ont.

The Bayer family understood that mortgages and financing are different for cottages than family dwellings, including down payments and interest rates. CONTRIBUTED

In addition, she said, under slow market conditions, cottages can take longer to sell, so lenders may fear that their interests aren't protected.

If you are considering buying a cottage you should probably visit your financial institution first to find out how much you can afford and get some pointers on what to look for, said Maureen Reid, a branch manager with Meridian Credit Union in Penetanguishene, Ont.

"There are different types of financing based on the type of cottage you're going to purchase," she said.

Like most lenders, for instance, Meridian differentiates between cottages that have plenty of amenities and are easily accessible, usable year-round and more centrally located, often with other cottages around (Type A), and cottages that are more remote and rustic, perhaps only accessible by boat and usable only in the summer (Type B).

Since Type A properties have features that are similar to a residential home, "folks might get the same rate they would on their home mortgage," Reid said. "The five-year fixed rate today with Meridian is at 2.89 per cent."

Type B properties would require a different kind of financing.

"Then you need to get a personal loan with open terms and loan rates," she said. "So the interest rates are higher — at five per cent and above."

Reid added that, as a rule of thumb, you would require 20 per cent down to buy a Type A property, but on a remote property, you would require you to put down closer to 35 per cent.

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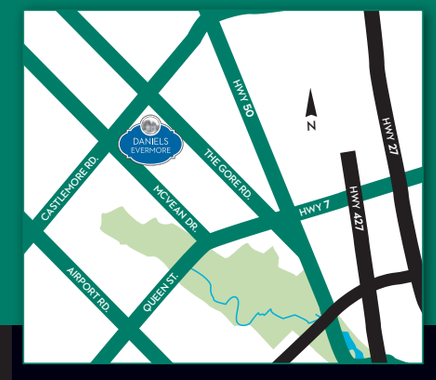

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The new condo boom: St. Clair and Avenue

DEVELOPMENT

Toronto's older hoods are the latest hotspots for new builds

CONDO TRENDS
Duncan McAllister

The West Village neighbourhood of Toronto is home to some of the city's oldest and most established neighbourhoods. Communities like Hillcrest Village, Casa Loma, The Annex, Forest Hill and Wychwood are starting to experience new midrise developments on their borders.

It's hard not to notice the extent of new development along the stretch of St. Clair Avenue from Avenue Road to Oakwood, in part due to the construction of the new streetcar right-of-way.

Real estate agents Michael Loewith and Jennifer Greenberg specialize in the neighbourhoods surrounding Hillcrest Village, an area that they've lived in for 14 years. "There's a whole stretch of new condos along St. Clair." says Greenberg.

Hillcrest Village is a thriving neighbourhood just minutes from downtown.

The close-knit community is popular for its green spaces and charming Victorian homes along tree-lined streets.

Area attractions like the Artscape Wychwood Barns play a vital role in the social life of the neighbourhood.

Greenberg says there's a strong sense of community here.

"It's not just a neighbourhood, it's a community. It has a beautiful high street with a lot of shops and services that are supported by the people that live in the neighbourhood."

The area is about to experience a bold new landmark by the Rockport Group.

The Nest, a nine-storey, 122-unit condominium residence aims to complement the character of the mature, lowrise St. Clair West community.

> **"It has a beautiful high street with a lot of shops and services that are supported by the people that live in the neighbourhood."**
> Jennifer Greenberg, Hillcrest Village real estate agent

The upscale residence boasts large, well-appointed suites with nine- and 10-feet-high ceilings.

Across from Winston Churchill Park on the southern edge of Forest Hill is a new townhome collection by National Homes.

The Churchill Collection is a modern take on the classic townhome, with three-storey designs that feature private rooftop terraces and backyards.

Rise is a new condominium project by Reserve Properties situated at Bathurst and St. Clair on the edge of Forest Hill. Designed by Enzo Corazza, principal at Graziani and Corazza Architects, the 21-storey tower has a grand lobby designed by II BY IV Design Associates.

The Annex and Casa Loma neighbourhoods are a specialty of father-and-son real estate team, Douglas and Trevor Freeman.

This past decade has seen the development of numerous urban townhouses around the Casa Loma property, modelled in a turn-of-the-century style.

Further south, Trevor Freeman says that the new condo development at Bathurst and Bloor and the sale of the Honest Ed's site will have a definite impact on the kinds of properties in the area.

"There's going to be a whole multitude of properties coming up there," says Freeman.

MORE ONLINE
metronews.ca

Upcoming condo developments like the Nest in St. Clair West continue to cater to urban, communal space. CONTRIBUTED

What they're a$king

Townhouses offer a great alternative to conventional, single-family homes. And they're not all in the deep suburbs. You can buy one a mere 10-minute commute from downtown — a great value and convenience if you work in the city. Metro takes a look at some new and resale townhouses near the core of Canadian cities.

DUNCAN MCALLISTER FOR METRO

OUR CITY

$579,000

Toronto

This spacious, two-storey, freehold townhouse at 265 Milan St., shows that you can still find a good deal on a townhouse in T.O. just outside the core. The property is listed for $579,000 in the Moss Park area, which lies on the verge of the revitalized Regent Park neighbourhood. It has a walk score of 97. Features include a bi-level living area, two-plus-one bedrooms, two baths, 12-foot ceilings and a gas fireplace. Listing agent Cesario Sousa is with Royal LePage Supreme Realty, 416-535-8000.

$388,395

Winnipeg

Here's a brand new, four-unit, luxury townhouse development at 604 Jessie Ave. — in Winnipeg's Crescentwood community — listed for $388,395. Corydon Avenue is the place to be, says listing agent Darryl Walsh. "It's going to be our million-dollar condo-townhouse area eventually." The unit features an open-concept interior and private deck and yard, with two bedrooms and two bathrooms on two levels. They're just putting the finishing touches on the fixtures, and the model suite is ready to go. Walsh works with Royal LePage Dynamic Real Estate, 204-989-5000.

$324,900

Halifax

The Halifax-Dartmouth region has seen a modest but steady increase in home prices over the past few years. The Homes of Long Lake Village are a collection of custom-built townhouses and detached homes, located next to Long Lake Provincial Park. This unit at 628 Cowie Hill Rd., is listed for $324,900. The two-storey home has three bedrooms and four bathrooms. Listing agent Andrew MacDormand is with Royal LePage Atlantic, 902-453-1700.

$668,000

Vancouver

Next to Toronto, Vancouver is Canada's highest-priced market, although you can still get good value like this downtown luxury resale townhouse at 1060 Seymour St. Asking price is $668,000 and includes a private entrance and a split-level, two bedroom, two bathroom layout. The building is less than 10 years old, with 1,100 sq. ft. of living space and a perfect walk score of 100. Listing agent is Harry Kramm with Sotheby's International Realty Canada, 778-374-3100.

$659,900

Calgary

This condo-style townhouse at 1804 23 Ave. SW in the popular Bankview neighbourhood of Calgary, has three storeys and attached garage with an asking price of $659,900, reflecting the size of the home with three bedrooms and four baths. The oil downturn has affected certain suburbs, Malick says, "But if it's a good home, it goes quickly." Malick is an agent with Re/Max Real Estate (Central), 403-216-1600.

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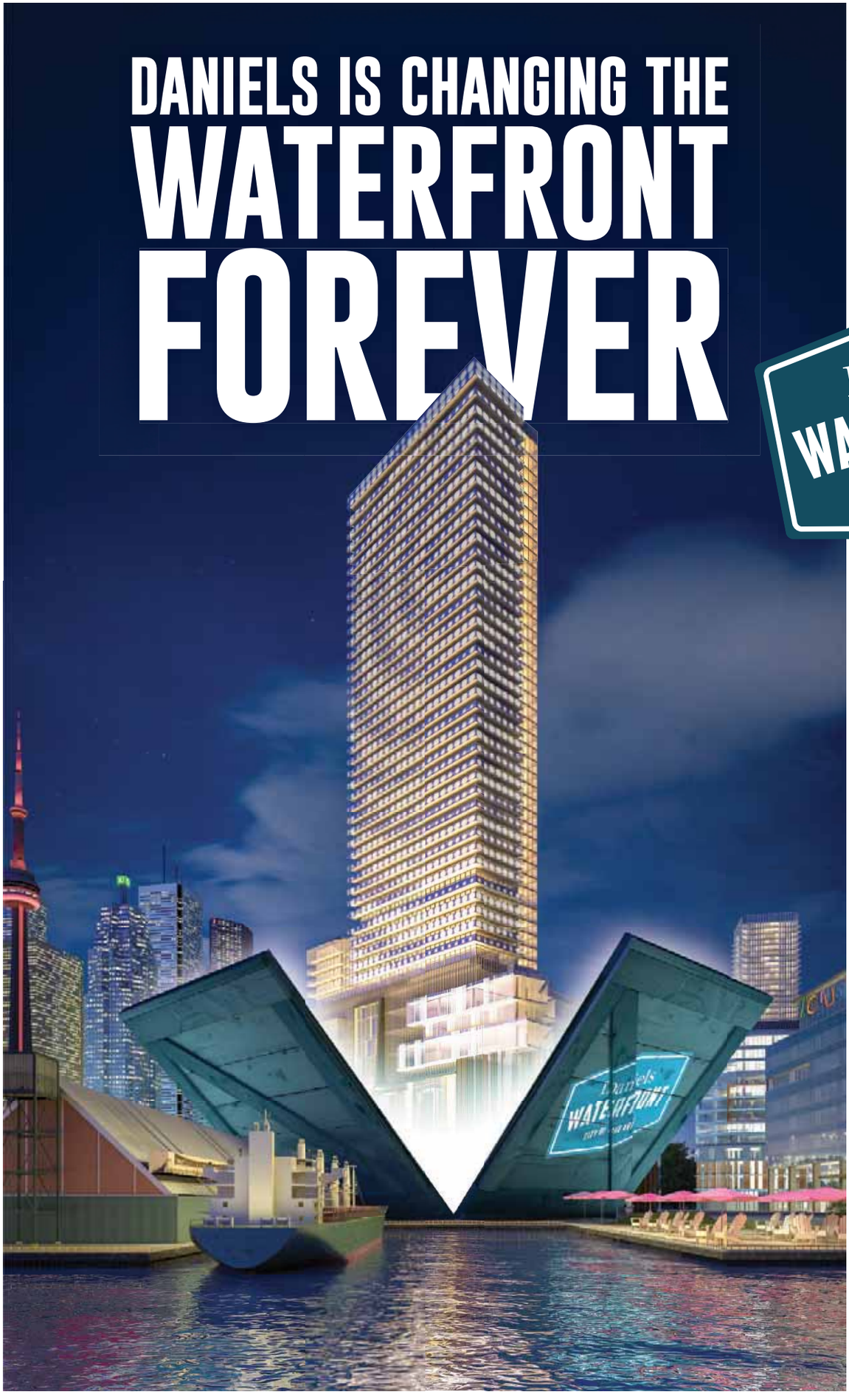

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MEET THE CONDO

TeaHouse development pulls inspiration from Asian design

Project overview

The culture and design traditions of Asia are the inspiration for this new landmark building set to rise from the corner of Yonge and Maitland. The condo is centrally located in a transit-friendly and highly walkable neighbourhood with plans for a future underground PATH entrance.

Building amenities

This condo is feature-rich, with two levels of amenities including an outdoor pool and lounging deck, a fitness room and sauna, indoor lounge area and two home theatre rooms with kitchenettes. There's also an outdoor lounge with barbecue, a pet spa and bicycle lockers.

In the neighbourhood

Located along Toronto's famous Yonge Street, residents will have a myriad of lifestyle choices. From shopping to entertainment to restaurants, the Yonge and Bloor neighbourhood has a bit of everything. The Eaton Centre is nearby, as is Ryerson University and the U of T campuses.

Location and transit

A great, central downtown location close to both the Wellesley and College TTC subway stations. Motorists are a short drive from the Don Valley Parkway and the Gardiner Expressway, and cyclists will love all the downtown bike paths.

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Builder: Lanterra Developments

Architect: architectsAlliance

Location: 501 Yonge St.

Building: First of two towers, 52 Storeys

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Suites: Bachelor, one bedroom plus den, two bedroom, two bedroom plus den, three bedroom plus den

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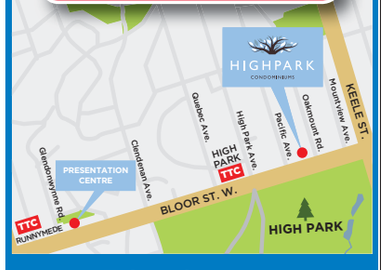

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REAL ESTATE

What's hot on the market

DUNCAN MCALLISTER

1 DUFFERIN GROVE

Open house: Several new townhome units will be shown at 48 Havelock St., in the Dufferin Grove neighbourhood. March 28 and 29 from 12 to 5 p.m.
CONTACT: CAROLE L. HALL, 416-460-4148

2 DOWNTOWN EAST

Home ownership seminar: At the Bartholomew condominium suites and traditional towns. Check it out at 500 Dundas St. E. in the downtown east.
CONTACT: 416-955-0559, DANIELSBARTHOLOMEW.COM

3 ETOBICOKE

Sales event: Vivid urban condos at Bloor and Islington is offering a limited time, one-price-fits-all incentive package on one bedroom plus media and two bedroom suites. Head over to the sales centre at 9 Michael Power Place.
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BILD

GTA's exciting PanAm venues are built by the community

Bryan Tuckey

Residents of the GTA await the arrival of more than 10,000 athletes from 41 countries eager to compete in the 2015 Pan American and Parapan American Games.

While the spotlight will most definitely be on the participants this summer, we can't forget the hard work of those in the building and development industry who helped to design, engineer, plan and build the legacy venues across the region.

I'm referring to venues like the Milton Velodrome — also known as the Mattamy National Cycling Centre — which is one of just two internationally sanctioned velodromes in Canada. The venue offered Canadian cyclists a true training facility, allowing them to prepare for the competition on home soil.

What a lot of people don't know is that a considerable portion of the funding for the $56-million velodrome came from development charges — paid by new-home buyers in the town of Milton as part of the price of their new homes.

This is just one of the many venues across the region that the Games' participants and spectators will enjoy this summer. Once the competition is over, these venues will continue to serve their communities as homes and recreational centres for GTA residents, as well as training facilities for Canadian athletes.

Another great example is the Canary District in Toronto's West Don Lands. This new development built on formerly underutilized land will start off as the Athletes Village before being converted into a sustainable, mixed-use, master-planned community in 2016.

I am proud of the contribution BILD members have made to the GTA. Our industry continues to build quality, complete communities across the region, providing new homes, businesses, shopping centres and even sporting complexes.

To quote Saad Rafi, CEO of the Games' Organizing Committee, "Many BILD members have helped to build the venues that will make the Games shine."

Thank you for shining the spotlight on our region.

BRYAN TUCKEY IS PRESIDENT AND CEO OF THE BUILDING INDUSTRY AND LAND DEVELOPMENT ASSOCIATION AND A LAND-USE PLANNER WHO HAS WORKED FOR MUNICIPAL, REGIONAL AND PROVINCIAL GOVERNMENTS. FOLLOW HIM ON TWITTER @BILDGTA, FACEBOOK.COM/BILDGTA, AND BILDBLOGS.CA.

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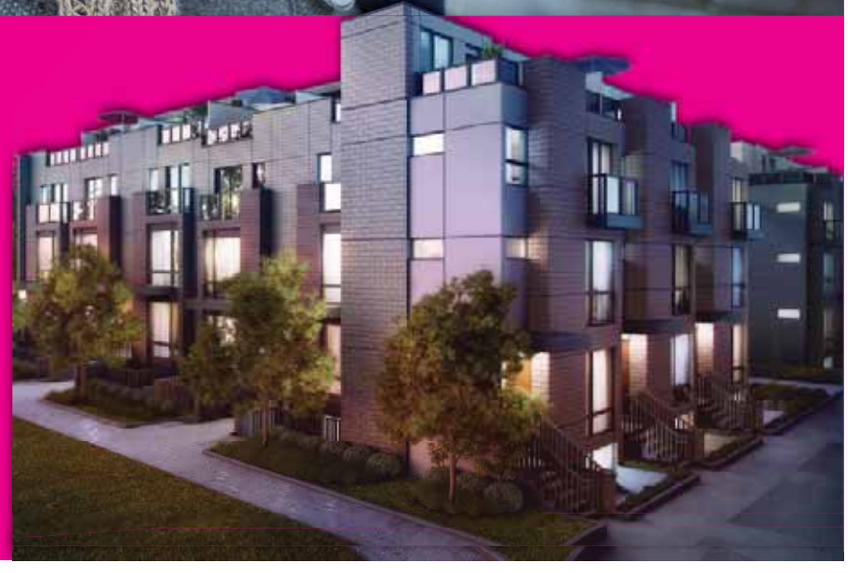

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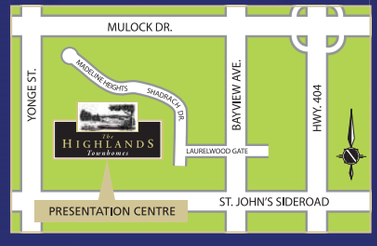

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Weekend getaway style

DESIGN CENTRE
Karl Lohnes

Whether it's a lakeside house or a cabin in the woods, everyone loves to escape the city in the spring. Whatever your preferred retreat, a guest or family room is the perfect place to create that home-away-from-home feeling

GRAIN POWER

Into the woods

Simple, rustic and natural are the elements that remind me of a cabin in the woods. Recycled, hand-painted and finishes with a patina set the tone for cabin chic.

Basic elements create stylish storage in the cabin. Rus wall shelf, $69, UrbanBarn.com

Faux wood print napkins and tablecloth, from $5, Simons.ca

Anchors away! Burlap cushions with anchors, $30, Homesense.ca

Rope knot table lamp base, $150, PotteryBarn.com

SPLISH SPLASH

Waterside

Think navy, white and sand incorporating motifs of rope, green glass and whitewashed everything to create a bright and casual environment.

ALPINE AWAY

Mountain high

From summer chalets to lodges, there's a grandeur in stone fireplaces, hunt club trophies and leather furnishings surrounded by mountain views and babbling brooks.

ALL PHOTOS: CONTRIBUTED

Horn-inspired dinnerware. Ralph Lauren's Gwyneth 5-piece dinnerware, $150, TheBay.com

Even the deer get dressed up for a visit to the chateau. Mr. Wapiti kitchen towel, $14, Simons.ca

Justin Ryan (left) and Colin McAllister star in Cabin Pressure. CONTRIBUTED

Bring the cottage into your home

COTTAGE LIVING

Cabin Pressure stars Colin and Justin share tips to spruce up your space

Colin McAllister and Justin Ryan's latest foray into cottage renovation proved significantly tougher than the first.

The Scottish design duo documented their transformation of an A-frame log cabin in "essentially good condition" in the debut season of Colin and Justin's Cabin Pressure. The series airs Sunday at 9 p.m. ET on Cottage Life.

Season 2 sees the pair renovate a tiny rustic lakefront property in Haliburton, Ont., which Ryan described as a "really rough fixer-upper."

"We had to deal with every type of problem you could imagine," he said. "Everything went wrong. The house had been infested by every type of entomological creature.

"We found dead mice. We found dead beavers. We found dead animals everywhere. Pigeons, birds, the lot. Raccoons, everything.

"However, we love the challenge more than anything that we do in our professional lives. We love the drive to beautify."

The duo acknowledged that not everyone wants or aspires to live in cottage country. But McAllister and Ryan said there are decorative tips homeowners can apply to their homes away from home, as well as city dwellings.

1. Clean house

"Get rid of the things you don't like, things that annoy you, things that are broken. You're never going to use these items," said McAllister.

2. Create a design plan

"The mantra we say time and time again: to fail to plan is to plan to fail," said Ryan. In addition to having a budget and list of tasks that need to be accomplished, he suggested combing magazines or watching TV for creative inspiration, then assembling a mood board to help zero in on a design direction.

3. Seek out vintage finds

Ryan said garage sales and thrift stores are ripe sources for items that can be reinvented. "We find amazing things that we can repurpose, and I think that's what it's all about for us."

> **Get rid of the things you don't like, things that annoy you, things that are broken.**
> Justin Ryan

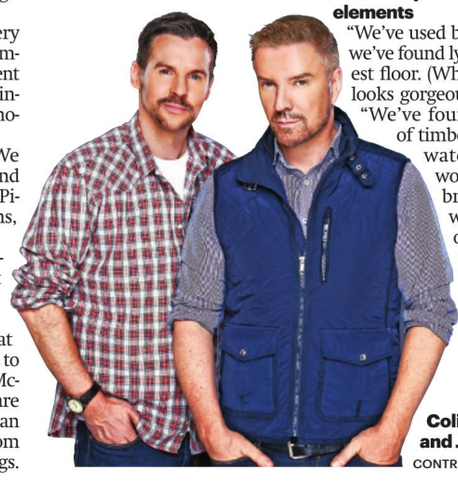
4. Transform existing pieces

Items that seemed destined for the dumpster could have a second life, provided homeowners are willing to use a little imagination — and some elbow grease. "You can then look at the pieces that remain and think to yourself: 'OK, maybe I can use that table in that room. Maybe a lick of paint can transform that into something else,'" McAllister said.

5. Incorporate natural elements

"We've used birch bark that we've found lying on the forest floor. (When) framed, it looks gorgeous," said Ryan. "We've found old pieces of timber lying in the water, like driftwood, that we've brought in that we've mounted on casters. Hey, presto! An instant coffee table.

THE CANADIAN PRESS



Colin McAllister and Justin Ryan. CONTRIBUTED

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CONDOS

Rules for redecorating your balcony

LEGAL MATTERS

Jeffrey Cowan

Q: I own a condo that has a private balcony, which I use in the summer months to sit outside and get fresh air. I decided last summer that I was going to spruce it up and make it more homey with a coat of paint and new flooring with some potted plants. I also installed a satellite dish for my new satellite TV. I received a call from the management office that I needed to return the balcony to its original state and remove the satellite dish. This was followed by a letter from the board of directors. Obviously, I have spent a fair amount of money on these upgrades and the space is mine to use as I want. What are the rules around the decor and fitting of condo balconies?

A: Typically, balconies are considered part of the common elements of the whole building and are for exclusive use by the owners of each living unit, but you do not own the actual space.

The balcony is usually owned by the condo corporation and therefore they can dictate how the space is used and what you can put on it. Condo boards try to aim for consistency with balconies and even window coverings so that there is uniformity for the building and "eyesores" such as satellite dishes don't pop up.

A close examination of the condo documents will show you what you can and cannot do and will invariably reveal that the board can make unilateral decisions about the common elements of the building (you may be removing redecorating you balcony.)

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Living in a small space

Making the most of 400 square feet. CONTRIBUTED

INTERVIEW

Designer Casey DeBois has big ideas on tiny living

Living in small spaces is nothing new for city dwellers, but with the growing popularity of micro-apartments, the need to use space efficiently is becoming more and more necessary.

We spoke with Casey DeBois, an interior designer based in New York City — the American capital of tiny apartments — to get some tips on optimizing a small space. DeBois, who works with interior design service Homepolish, has experience working in spaces that measure a mere 400 square feet (pictured above), so you can bet when it comes to tiny living she's got some big ideas.

What's the biggest challenge with small spaces?
The biggest issue with small spaces is trying to avoid filling it up with "stuff." Small spaces benefit from furniture that scales the space better. Some vendors like Restoration Hardware, the scale of their furniture is very big, and people often buy their stuff and put one of their nightstands beside their bed and it takes up so much space. Whereas other vendors such as CB2, their furniture scale is smaller. Also vintage pieces tend to be smaller in scale.

What design tips can help make a space feel larger?
Sometimes mirrors help, and again with scale. If you have a small space, I wouldn't fill (a wall) up and make a busy gallery wall. I would rather have one large-scale piece of art. Also, area rugs — oftentimes people get rugs that are maybe too small for a space but bigger is better there. In filling the space, a bigger carpet or rug makes a room feel full but it also visually just looks nicer.

Using vertical space is really important too, (because) when you have not much storage (if you can't go out widthwise or on the existing floor) the only way to get more space is up. So whether you do shelves or bookcases, you can maximize the space that way as well.

What role does lighting play in small spaces?
Lighting helps, but in a lot of apartments you're limited to whether or not the ceilings are concrete. In most quick-rise buildings they are, so in that case you just have to be a little more creative: Floor lamps (but I would use those sparingly, because those also take up a lot of space on the floor), and wall sconces are really nice. You can also always do track lighting on the ceiling.

Do you have to sacrifice having personal belongings?
It depends. When I was in fashion school, one of my friends ... would keep her shoes in her stove because she never used her stove. It's kind of like make due with what you have. With small spaces I often "hack an IKEA unit" so if you have a pre-existing nook on a wall (you have to think) "How do I maximize this space?" Oftentimes we put in larger wardrobe units and personalize them with custom hardware.

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metro SPORTS

Your essential daily news

Devin Booker's Kentucky faces West Virginia tonight as the Sweet 16 gets underway

Loss to Bulls not all bad news for Raptors

NBA

Heat win over Celtics clinches playoff spot for Toronto

Greivis Vasquez poured in 22 points on Wednesday, but it wasn't enough to lift the Toronto Raptors past the Chicago Bulls in a 116-103 loss.

Toronto would have officially clinched a playoff spot with a victory, but it wasn't to be on a night the Raptors fell apart down the stretch. The Raptors clinched their second-consecutive playoff berth later in the night, thanks the Boston Celtics' loss to Miami.

Jimmy Butler topped the Bulls (44-29) with 23 points, while Aaron Brooks added 16.

DeMar DeRozan added 20 points for Toronto (42-30), who were playing without injured all-star Kyle Lowry (sore back). Lou Williams added 18 points, while Terrence Ross finished with 16, and Jonas Valanciunas grabbed 12 rebounds.

On a night that Lowry sat on the bench alongside the coaches dressed in a charcoal suit, a special cushion propping up his sore back, Vasquez filled in admirably, drilling his sixth three-pointer about two minutes into the fourth quarter that put the Raptors up by five points.

Vasquez would shoot 6-for-11 from three-point range.

But the Bulls, who'd beaten Toronto three times already this season, fought back with a 18-5 run, capped by a two free throws by Butler with 3:42 to play that put Chicago up by 104-97. Nikola Mirotic drilled a three and Butler added a basket to put the visitors up by eight with two minutes to play.

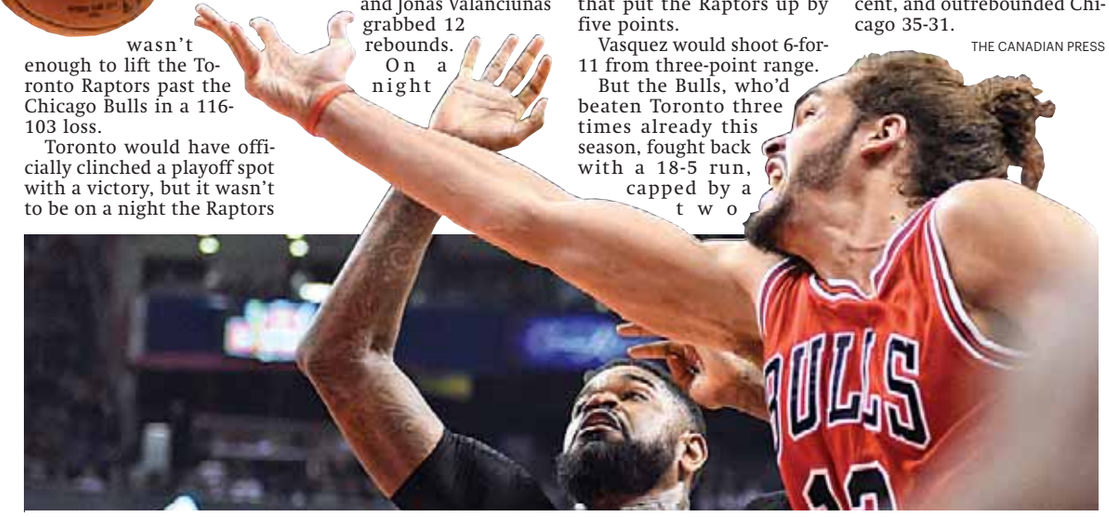
A three by Brooks with 1:32 on the clock all but sealed Toronto's fate as fans started to head for the exits.

The Raptors allowed Chicago to shoot 61 per cent on the night, including 52 from three-point range. The Raptors shot a decent 47 per cent, and outrebounded Chicago 35-31.

THE CANADIAN PRESS

NBA On Wednesday

BULLS	RAPTORS
116	103



Big man Amir Johnson of the Raptors, left, and Joakim Noah of the Bulls battle on Wednesday night. FRANK GUNN/THE CANADIAN PRESS

FIGURE SKATING

Canadian pair in front in Shanghai

Canadians Meagan Duhamel and Eric Radford skated a flawless short program to take a commanding lead in the pairs competition at the world figure skating championships on the opening day Wednesday in Shanghai.

Duhamel, from Lively, Ont., and Radford, from Balmertown, Ont., undefeated in five international competitions this season, scored 76.98 points to take a four-point lead over Chinese veterans Pang Qing and Tong Jian.

Duhamel and Radford won silver in the team event at the Sochi Olympics last year.

THE CANADIAN PRESS

Eric Radford and Meagan Duhamel in Shanghai on Wednesday.
JOHANNES EISELE/AFP/GETTY IMAGES

IN BRIEF

McDonald takes over Quinn's post at HHOF

Lanny McDonald has been a member of the Hockey Hall of Fame since 1992. Now he's in charge of it.

McDonald was named chairman of the board of the Hockey Hall of Fame on Wednesday, succeeding the late Pat Quinn. Although he had a storied playing career, culminating in a Stanley Cup with the Calgary Flames in 1989, McDonald says he is still nervous. THE CANADIAN PRESS

Prosecutors to rest soon in Hernandez murder case

The judge overseeing the murder trial of Aaron Hernandez said Wednesday that prosecutors are about a week away from resting their case against the former New England Patriots star.

Testimony in the case began Jan. 29. Hernandez is accused in the June 2013 killing of Odin Lloyd, who was dating the sister of Hernandez's fiancée.

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Canada wants to host World Cup

SOCCER

U.S. was last CONCACAF country to hold men's tourney

Canada will still be thinking World Cup once the women's showcase tournament ends July 5. The Canadian Soccer Association will then turn its attention to the 2026 men's World Cup.

The CSA has already gone on the record in declaring its interest in hosting the men's event, which last took place in CONCACAF, which covers North and Central America and the Caribbean, in 1994 in the U.S.

FIFA's executive committee has now gotten the ball rolling. The first set of documents asking for declarations of interest will go to the 209 member associations likely in June with a decision on the host country planned for the FIFA Congress in May 2017.

Is it Canada's turn?

"Our focus is on the women's World Cup and executing that because, if we don't execute that, it's not going to be a good segue into us looking to bid for 2026," CSA president Victor Montagliani said in an interview Wednesday.

"Once the women's World Cup is over then we'll start looking at 2026 and seeing what we need to do to put together a bid."

Preliminary discussion with various stakeholders have already taken place.

"Obviously there is interest there," Montagliani said.

Montagliani notes that Canada is the only G-8 nation not to host the World Cup. Come this summer, Canada will have hosted every CONCACAF championship and every FIFA event except for the world futsal, beach and club championships and Confederations Cup.

Should Canada throw its hat in the ring, it will be a solo rather than joint bid, he said.

In the past, host countries have used eight to 10 stadiums although Canada has taken note of 2022 host Qatar's plan to use just eight.

"I think eight's probably a good number," said Montagliani.

This summer's women's World Cup is being staged in six Canadian cities — Vancouver, Edmonton, Winnipeg, Montreal, Ottawa and Moncton. Toronto offers several options with the Rogers Centre and BMO Field, which is increasing in size through ongoing renovations with room for more temporary expansion. Montreal is another multi-venue possibility.

THE CANADIAN PRESS

> **I don't think, when push comes to shove, that finding eight venues is going to be a challenge.**
> CSA president Victor Montagliani

SOCCER GERMANY, AUSTRALIA PLAY TO A DRAW Australia's Jason Davidson knocks down the ball as Germany's Karim Bellarabi applies pressure during a friendly soccer match in Kaiserslautern, Germany, on Wednesday. Germany substitute Lukas Podolski scored in the 81st minute to salvage a 2-2 draw for the World Cup holders. Joachim Loew's side has won only three of seven games since winning the World Cup last July. DANIEL ROLAND/AFP/GETTY IMAGES

IN BRIEF

Argentina among Canada's opponents to open Olympic qualifier

Canada's men's basketball team will face Argentina, Puerto Rico, Venezuela and Cuba in the opening round of the FIBA Americas Olympic qualifying tournament.

Canada was drawn into Group B on Wednesday in Mexico. The qualifying tournament is Aug. 25 to Sept. 6 in Monterrey, Mexico.

The Canadian men are gunning for their first Olympic appearance since the 2000 Games in Sydney.

THE CANADIAN PRESS

MLS awards Minnesota an expansion franchise

Major League Soccer has committed to Minnesota, awarding an expansion franchise to start playing in 2018 with the expectation an outdoor stadium will be built before then.

Bill McGuire, the current owner of the Minnesota United club in the North American Soccer League, has assembled a group of investors including the owners of MLB's Twins and the NBA's Timberwolves.

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Leafs management flexing fiscal muscle

THE HOCKEY NEWS

Adam Proteau

Casey Bailey of the Penn State Nittany Lions and Mark Zengerle of the Wisconsin Badgers during a Big 10 game last March in St. Paul, Minn. HANNAH FOSLIEN/GETTY IMAGES

The Leafs' signing of NCAA star and free agent Casey Bailey this weekend was the latest example of the team taking advantage of its financial power. Team president Brendan Shanahan's pitch to the Penn State right winger was strengthened by Toronto's willingness to "burn up" the first year of Bailey's entry-level NHL contract (bringing him closer to free agency after only a handful of games), and not every one of the league's 29 other teams has the monetary wherewithal to make such a move.

Shanahan and Leafs brass have shown they're more than willing to make the most of the support the team receives from fans, and another recent case is the Feb. 26 trading of David Clarkson to Columbus for injured winger Nathan Horton, who more than likely won't play again; the Leafs got out from under Clarkson's disastrous contract and use NHL collective bargaining rules to their salary cap benefit by paying Horton to sit at home. And these types of moves are criticized by some fans who argue they're somehow circumventing the cap and shout out for absolute parity between all teams.

According to these people, highly profitable franchises like the Leafs should have not one iota more of an advantage than a team in Arizona or Miami that might sell out the arena a handful of times each season. And these people are wrong. At some point, there must be a balancing out of the "advantages" any individual NHL franchise has when it comes to attracting top talent.

That's because there are inherent advantages that cannot be spread equally throughout the league. Florida teams offer players living arrangements that include no personal income tax. Where's that equalization process? California teams offer players a phenomenal off-ice lifestyle and virtual anonymity/freedom from the hordes of Canadian hockey media. Are Anaheim and San Jose residents prepared to share five or six months of relentless snow and crabby reporters?

You see where I'm going here. People who demand absolute parity are zealots who, in their own way, are creating a system disadvantageous to the Canadian teams that are doing a whole lot of revenue generation. That's outrageous. The system should continue to include a salary cap, but there should be flexibilities worked into it to allow successful teams to act using a small percentage of that success.

If the Leafs make the most money, they should get a little extra wiggle room to balance out some advantages no salary cap can ever provide them.

Jays starter Daniel Norris got the win over Baltimore on Wednesday in Sarasota, Fla. NATHAN DENETTE/THE CANADIAN PRESS

MLB

New Jays pitcher wows vs. Baltimore

Looking to cement a spot in the Toronto rotation, Daniel Norris allowed one run in six impressive innings as the Blue Jays beat the Baltimore Orioles 5-2 on Wednesday.

Norris gave up three hits and struck out seven without walking a batter. It was Norris' second start against Baltimore. In his first, he allowed one hit in 1-2/3 innings.

The Orioles' run scored in the third when Norris hit Nolan Reimould with a pitch, and Caleb Joseph doubled.

Kevin Pillar, who missed 10 days with an oblique strain caused by sneezing, returned to the lineup, and hit a two-run homer for Toronto.

Orioles starter Wei-Yin Chen gave up two runs, one of them earned, in five innings. He allowed four hits, struck out one and didn't walk a batter.

THE ASSOCIATED PRESS

IN BRIEF

Scherzer pounds Washington strike zone

Max Scherzer looked ready to start on opening day for Washington, striking out nine in six shutout innings during the Nationals' 1-0 loss to the St. Louis Cardinals on Wednesday. Making his fifth start of the spring, he allowed only three hits. THE ASSOCIATED PRESS

Giants crush Rockies

Troy Tulowitzki hit his third home run of the spring, Eddie Butler threw five effective innings in an audition for a rotation spot, and the Colorado Rockies beat the SF Giants 5-2 on Wednesday. Giants starter Tim Hudson retired 10 straight before Corey Dickerson's single. THE ASSOCIATED PRESS

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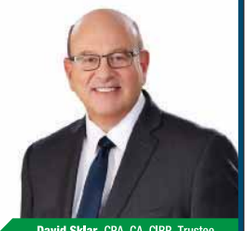

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RECIPE Mid-East Chickpea Salad

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 15
Bake time: 5

This is a great and flavourful vegetarian dish. Chickpeas are loaded with protein and fibre and can reduce bad cholesterol, as well as help to keep your weight in control.

Directions

1. Preheat oven to 425 F. Cut the pita into four wedges, then slice horizontally to make eight wedges. Spray pita wedges with vegetable oil. Sprinkle with chili powder, salt and pepper. Place on a baking sheet and bake for 5 minutes, or just until lightly browned and crisp.

2. In a small bowl, mix mayonnaise, yogurt, sesame oil, soy sauce and tahini until smooth. Add a little water if too thick. Set aside.

3. On serving platter add chickpeas, tomatoes, cucumber, green onions, cilantro, tahini dressing, salt and pepper. Mix well and serve with pita crisps.

Ingredients
- 1 large whole wheat pita pocket
- 1/8th tsp chili powder
- Salt and pepper
- 1/3 cup low fat mayonnaise
- 3 tbsp low fat yogurt
- 4 tsp sesame oil
- 4 tsp soy sauce
- 1 tbsp tahini sauce
- 1 (15 oz) can chickpeas, drained and rinsed
- 2 cups cubed plum tomatoes, seeded
- 2 cups cubed English cucumber, skin on
- 2 green onions, chopped
- 1/3 cup chopped cilantro or mint

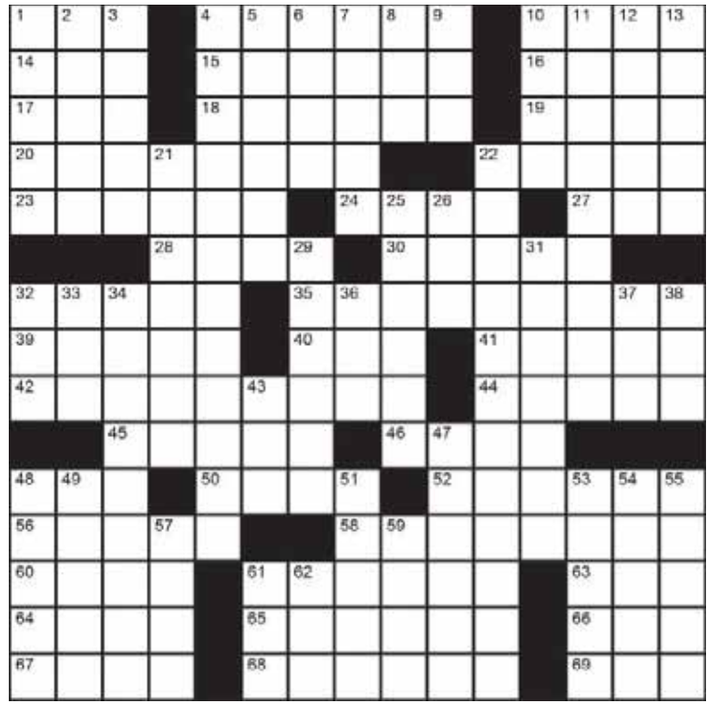
Nutrition per serving
- Calories 370
- Protein 12.9 g
- Carbohydrates 59.4 g
- Fibre 6.8 g
- Total fat 10.9 g
- Saturated fat 1.6 g
- Cholesterol 2.6 mg
- Sodium 724 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ANSWERS ONLINE metronews.ca



ACROSS
1. Singer, __ _. Sure!
4. Trapped
10. Concert blasters
14. Spring mo.
15. Time on the job
16. Taste: French
17. Scissor Sisters singer Ms. Matronic
18. Canadian actress Ms. De Carlo
19. __ of Man
20. Rotating part of the cutting-a-human-in-half magic trick: 2 wds.
22. Leg part
23. Stored, as farm fodder
24. Shoreline surface sometimes
27. Naja Haje
28. Ms. Thurman's
30. Countrified
32. Trendy spot in Calgary, __ Loop
35. Enormity
39. Monastery boss
40. 'Social' suffix
41. Actor Alan
42. Person of North America, e.g.: acr. + wd.
44. Danish physicist Mr. Bohr (b.1885 - d.1962)
45. __ de menthe
46. "Ac-Cent-__-Ate the Positive"
48. He said/__ said
50. Pink: Spanish
52. Lobster: French
56. Pub orders
58. Dart-thrower's target
60. Guess Who's "Hang __ __ Your Life"
61. Media giant that owns Paramount Pictures
63. Lass
64. Shrek's species
65. Playing loudly, as music
66. Magician's name suffix
67. Shortage
68. Orchestra instruments
69. Web feed syst. for updates

DOWN
1. Collect
2. Hawaiian-style veranda
3. Messy fight
4. "__ __ with Jeanne Beker", new on The Shopping Channel
5. Reno's state
6. Give _ __ (Show approval)
7. Old alphabetic symbols
8. 'East' suffix
9. Mr. Brun, cocktail expert on CBC's "Steven and Chris"
10. Opposin'
11. Jess __ (Country songstress from Saskatchewan)
12. Removes
13. Very vertical
21. Glassy spot in Lady Gaga's "Born This Way"
22. Actor who stars as police officer Nick Barron on Bravo's "19-2": 2 wds.
25. Montreal 'money'
26. Religious job
29. Poses, Tyra Banks style
31. Glass-roofed building lobbies
32. Egyptian __ (Cat breed)
33. Crunched muscles, for short
34. _ _ _ _ (Corner of Wellington/Simcoe office tower in Toronto)
36. Dined
37. "Rugrats" character
38. NnNnn
43. Texter's point-of-view
47. Prefix meaning 'Green'
48. Soup-eater's need
49. Door part
51. Have _ __ (Enjoy!)
53. Norse sea god
54. Gosling and Reynolds
55. Eateries, e.g.
57. Square-__, as some shoes
59. Golden State sch. with a Berkeley campus
61. Central-__
62. "May _ __ excused?" (Supper table request)

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You will receive the kind of news that that could make you money. The only problem is you don't seem to realize how good it is or how lucrative it could be. Open your eyes.

Taurus April 21 - May 21
It is all coming right for you and over the next few days you will benefit in ways you cannot yet imagine. With Venus, your ruler, moving through your birth sign you cannot possibly lose, in love or in luck.

Gemini May 22 - June 21
Anyone who thinks you are superficial does not know you very well at all. Over the next few days you will be looking for answers to some of life's really big questions.

Cancer June 22 - July 23
This is a good day to chat with friends and plan social outings. But don't take up too many invitations between now and the weekend. You won't be popular if you have to cancel some of them.

Leo July 24 - Aug. 23
You are going to be thinking a lot about your work and your reputation over the next few days. But don't make any big decisions concerning your career because even better options will reveal themselves early next week.

Virgo Aug. 24 - Sept. 23
If someone says you should not be concerned about what is going on in your social circle you will go out of your way to find out more. What you discover will astound you.

Libra Sept. 24 - Oct. 23
You have been worrying about your money situation for no good reason and over the next few days you will see solutions where before you saw only problems.

Scorpio Oct. 24 - Nov. 22
You are conflicted whether to get involved in a feud that is not any of your business but which you know you could resolve if people would listen. Go on, take a chance.

Sagittarius Nov. 23 - Dec. 21
This is a good time to think of ways to reduce your daily chores and also to improve your health. You may not be able to make any major changes for two or three weeks but make plans now.

Capricorn Dec. 22 - Jan. 20
Your confidence is improving and it won't be long before your positive attitude brings positive results. People will sense your self-assurance and want to do things for you.

Aquarius Jan. 21 - Feb. 19
You may like to pretend that you are self-sufficient and don't need assistance but you need to be honest with yourself today. If you don't get help with what is bothering you it will get worse.

Pisces
Feb. 20 - March 20
You will find it much easier now to express yourself and others will find it easier to understand what you are trying to say. The words will flow.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

8			2		6			9
				8				
		2				3		
	6			7			1	
	9		1	3	2		5	
	2			4			9	
		4				6		
				1				
7			3		9			8

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GLS model shown♦

2015 ACCENT 5-DOOR L MANUAL

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DEALER INVOICE PRICE OF $14,591‡ INCLUDES $636 IN PRICE ADJUSTMENTSΩ, DELIVERY AND DESTINATION FEES. PLUS HST.

HWY: 9.3L/100 KM
CITY: 11.6L/100 KM▼

Limited model shown♦

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HWY: 9.8L/100 KM
CITY: 12.9L/100 KM▼

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®/™The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. ‡Dealer Invoice Price of $14,591/$16,308/$24,575/$23,419/$27514 available on all new 2015 Accent 5-Door L Manual/Elantra Sedan L Manual/Sonata GL Auto/Tucson GL FWD Manual/Santa Fe Sport 2.4L FWD models and includes price adjustments of $636/$719/$1,252/$473/$1,313. Prices include Delivery and Destination charges of $1,595/$1,595/$1,695/$1,760/$1,795, fees, levies and all applicable charges (excluding HST). Prices exclude registration, insurance, PPSA and license fees. Delivery and Destination charge includes freight, P.D.E. and a full tank of gas. *The customer prices are those reflected on the dealer invoice from Hyundai Auto Canada Corp. The dealer invoice price includes a holdback amount for which the dealer is subsequently reimbursed by Hyundai Auto Canada Corp. ΩPrice adjustments of up to $636/$719/$1,252/$473/$1,313 available on all new 2015 Accent 5-Door L Manual/Elantra Sedan L Manual/Sonata GL Auto/Tucson GL FWD Manual/Santa Fe Sport 2.4L FWD models. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2015 Accent 5-Door L 6-speed Manual/Elantra L 6-speed Manual/Sonata GL Auto/Tucson GL FWD Manual/Santa Fe Sport 2.4L FWD with an annual finance rate of 0%. Weekly payments are $40/$45/$68/$64/$76 for 84 months. $0 down payment required. Cost of Borrowing is $0. Finance offers include Delivery and Destination of $1,595/$1,595/$1,695/$1,760/$1,795, levies and all applicable charges (excluding HST). Finance offers exclude registration, insurance, PPSA, and license fees. Financing example: 2015 Accent 5-Door L Manual for $14,591 at 0% per annum equals $40 weekly for 84 months for a total obligation of $14,591. $0 down payment required. Cash price is $14,591. Cost of Borrowing is $0. Finance example includes Delivery and Destination of $1,595, levies and all applicable charges (excluding HST). Finance example excludes registration, insurance, PPSA and license fees. No Charge Hybrid Offer: °Purchase or lease a new 2015 Sonata Hybrid and you will be entitled to a $2,000 factory to dealer credit. The manufacturer's estimated retail value for Sonata Hybrid Offer is $2,000. Factory to dealer credit applies before taxes. Offer cannot be combined or used in conjunction with any other available credits. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. No Charge Hybrid Offer not available on the 2015 Sonata Hybrid Limited or Limited with Technology, or the 2015 Sonata GL Auto, Sport, Sport with Technology, Limited, 2.0T or 2.0T Ultimate. ♦Price of models shown: 2015 Accent GLS Auto/Elantra Limited/Sonata Sport 2.0T/Tucson Limited AWD/Santa Fe Sport Limited AWD are $21,277/$26,927/$32,943/$35,892/$41,577. Prices include Delivery and Destination charges of $1,595/$1,595/$1,695/$1,760/$1,795, levies and all applicable charges (excluding HST). Prices exclude registration, insurance, PPSA and license fees. ▼Fuel consumption for new 2015 Accent GLS (HWY 6.3L/100KM; City 8.9L/100KM); 2015 Elantra Limited(HWY 6.7L/100KM; City 9.7L/100KM); 2015 Sonata GL Auto (HWY 6.7L/100KM; City 9.8L/100KM); 2015 Tucson Limited AWD (HWY 9.3L/100KM; City 11.6L/100KM);2015 Santa Fe Sport Limited AWD (HWY 9.8L/100KM; City 12.9L/100KM); are based on Manufacturer Testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ΔThe Hyundai Accent/Elantra received the lowest number of problems per 100 vehicles among small/compact cars in the proprietary J.D. Power 2014 Initial Quality Study℠ (IQS). Study based on responses from 86,118 new-vehicle owners, measuring 239 models and measures opinions after 90 days of ownership. Propriety study results are based on experiences and perceptions of owners surveyed in February-May 2014. Your experiences may vary. Visit jdpower.com. °‡†♦Ω*Offers available for a limited time and subject to change or cancellation without notice. Dealer may sell for less. Inventory is limited, dealer order may be required. Visit www.hyundaicanada.com or see dealer for complete details. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.